



# Community Resource Guide

Produced by

## **Columbia County Health and Human Services**

2652 Murphy Road, Portage, WI 53901

608-742-9227

Available on line at: [goo.gl/DkTAfu](http://goo.gl/DkTAfu)



Our Mission:

To promote and protect the health and safety of the community.

This guide is intended to provide ready access to a variety of community resources to better serve the people of Columbia County

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# Adoption Services

## **Adoption Choice**

2317 International Lane Suite 111, Madison WI, 53704

M-Th 8:30 – 4:30

(608) 244-7805

800-236-7863 Toll Free

800-255-6305 Birth Parent – Toll Free (24/7)

<http://www.adoptionchoiceinc.org>

[info@adoptionchoiceinc.org](mailto:info@adoptionchoiceinc.org)

## **Adoptions of Wisconsin**

450 South Yellowstone Drive, Madison, WI 53719

(608) 821-8220

(608) 445-7794 Alternate Birth Parent Line after Hours

[info@adoptionsofwisconsin.com](mailto:info@adoptionsofwisconsin.com)

[www.adoptionsofwisconsin.com](http://www.adoptionsofwisconsin.com)

## **Catholic Charities**

702 South High Point Road, Suite 105, Madison WI 53719

800-236-4673

[ccharities@ccmadison.org](mailto:ccharities@ccmadison.org)

<http://www.ccmadison.org>

## **Children's Service Society**

203 4<sup>th</sup> Street, Baraboo, WI 53913

(608) 356-3019

## **Lutheran Social Services of Wisconsin and Upper Michigan – Madison Office**

6314 Odana Rd, Madison, WI 53719

(608) 277-0610

<http://www.lsswis.org>

## **Pauquette Adoption Services**

315 Conant St., Portage, WI 53901

(608) 742-8004

<http://www.pauquetteadoption.org/>

## **Wisconsin Department of Children and Families**

1 West Wilson Street Room 527, Madison, WI 53708

(608) 264-6838

<http://dcf.wisconsin.gov/children/adoption>

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# Affordable Care Act (ObamaCare)

## **Health Insurance Marketplace**

Official consumer site to learn about and buy health insurance.

<http://marketplace.cms.gov/>

Coverage for Individuals & Families

<https://www.healthcare.gov/>

Questions? – Available 24/7

800-318-2596

TTY: 1-855-889-4325

Coverage for Small businesses (50 or fewer employees)

SHOP Marketplace

Monday through Friday – 9am to 5pm EST

800-706-7893

TTY: 1-800-706-7915

## **Local Help with the Marketplace**

### **The Benefit Works**

608-729-1002 or 608-515-6368 - Sharon

Appointments only

### **Columbus Community Hospital**

920-623-2200

Appointments from 8:00am – 5:00pm

### **JSV Insurance**

608-575-1177 Hannah

Appointments only

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# Child Care/Early Childhood Education

## **4-C's**

5 Odana Court, Madison, WI  
800-750-5437

Help in finding childcare or training as a childcare provider. If interested in certified or licensed daycare, call 608-271-9181 and ask for a referral. All referrals are free. You can also go to <http://www.4-c.org>

## **Child Enhancement Center**

Chelsie Stocker 920-296-8618  
Chelsie.stocker@cfsdwi.org  
Mon – Fri 5:30am – 6:00pm  
Cambria Friesland School District Child Care  
For children 6 weeks to 12 years old

## **Columbia County Birth to 3 Program**

P.O. Box 136, Portage, WI 53901  
(608) 742-9231 Bonnie Erickson-Service Coordinator

The Birth to 3 Program is a home-based service to assist families in supporting their child's development. If you are concerned about the way a child is developing, please contact the Birth to 3 Program to discuss your concerns. A staff member would be happy to set up a time to complete a developmental screening and discuss possible service options.

## **Columbus Club House**

Columbus Middle School  
400 S. Dickason Blvd., Columbus, WI 53925  
(920) 623-4449

Before and after school program for children from Kindergarten through age 12. There is also a full time summer program offered.

## **Family Resource Center**

2946 Red Fox Run, Portage, WI 53901  
(608) 742-8482

[www.renewalunlimited.net](http://www.renewalunlimited.net)

Provides service to all families who have children ages 0-5. Services include playgroups, field trips, workshops, home visiting, parenting classes, toy and resource lending library and more.

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**Head Start & Early Head Start**

Renewal Unlimited

2900 Red Fox Run, Portage, WI 53901

(608) 742-5329

Classroom or in-home services for 0-3 (Early Head Start) and 3-5 year-olds (Head Start) with classrooms in Columbus, Portage, and surrounding counties.

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# Counseling

## **24-Hour Emergency Crisis Hotline**

888-552-6642

Immediate crisis services for people having thoughts of suicide

## **Al-Anon Meetings**

888-425-2666

Call for times and locations of meetings in Columbia County

[www.area61afg.org](http://www.area61afg.org)

## **Alateen**

866-425-2666

[www.al-anon.alateen.org/for-alateen](http://www.al-anon.alateen.org/for-alateen)

## **Alcoholics Anonymous (AA)**

(608) 222-8989

Call for times and locations of meetings in Columbia County

## **Alcohol and Drug Referral Line**

800-821-4357

## **Aspen Family Counseling**

2639 New Pinery Road, Suite 1, Portage, WI 53901

(608) 742-5020

[www.aspenfamilycounseling.com](http://www.aspenfamilycounseling.com)

## **Between Friends**

Chicago, IL 60660

1-800-603-HELP (4357)

## **Breastfeeding Support Group**

Divine Savior Healthcare Classroom C

(608) 745-5696

1<sup>st</sup> Monday of the month

## **Columbia County Comprehensive Community Services (CCS)**

2652 Murphy Rd, Portage 53901

(608) 742-9227

CCS assists person with mental health or substance abuse concerns to identify what he/she needs in order to help increase their ability and enhance their connection to natural supports and community resources.

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**Columbia County Community Support Program (CSP)**

322 de Witt St, Portage, WI 53901

(608) 745-9292

CSP (through Journey Mental Health) provides community based services to adults with severe and persistent mental illness (such as schizophrenia, major depression or bipolar disorder).

**Compass Counseling**

1508 New Pinery Rd., Portage, WI 53901

(608) 745-4900

[www.compasscounseling.info](http://www.compasscounseling.info)

**Disaster Distress Helpline**

800-985-5990

It's common to feel anxious after incidents of mass violence. You're not alone.

**Drug and Alcohol Treatment**

888-928-5278

Rosecrance offers inpatient and outpatient substance use disorder and mental health issue treatments. Rockford, IL

**Domestic Violence Support Group**

1<sup>st</sup> and 3<sup>rd</sup> Friday of the month.

Portage Library, 253 E Edgewater St, Portage 53901

(608)742-4959

**Hope House**

Office 720 Ash St., PO Box 557, Baraboo, WI 53913

(608) 356-9123

Mon-Fri 8am-4pm

Toll Free: 800-584-6790      Crisis Line- (608) 356-7500 24-Hour Confidential Helpline

24-Hour Confidential Helpline

Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, and support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.

**Journey Mental Health Center**

322 de Witt St, Portage, WI 53901

(608) 745-9292

**Lutheran Counseling and Family Services of Wisconsin**

800-291-4513

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**Military One Source**

Wisconsin Military OneSource Co.  
(715) 441-0077 Rebecca Bernau-Boehlke  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

A source of information for military personnel, active or inactive, and their families.

**Narcotics Anonymous**

866-590-2648  
Visit our website for locations:  
[www.na.org](http://www.na.org)

**National Child Abuse Hotline**

800-25ABUSE (1-800-252-2873)

**National Domestic Violence Hotline**

800-799-SAFE (7233)  
800-787-3224 (TDD)

**National Hope Line Network, Suicide & Crisis Hotline**

800-442-HOPE (4673)  
National network hotline for people in crisis and having thoughts of suicide

**National Institute of Mental Health Resource Center**

866-615-6464  
Provides information and literature on mental illness for professionals and general public

**National Youth Crisis Hotline**

800-442-HOPE 800-442-4673

**Pauquette Center for Psychological Services**

2901 Hunters Trail; Portage, WI 53901  
(608) 742-5518  
[www.pauquette.com](http://www.pauquette.com)

**St. Clare Center**

1510 Jefferson Street, Baraboo WI 53913  
800-433-2688 or (608)356-1533  
[www.stclare.com](http://www.stclare.com)

Treatment for Chemical Dependency

St Clare Center offers outpatient treatment, day treatment, relapse prevention, gender specific groups, and an intensive outpatient opioid addiction treatment program with Buprenorphine (Suboxone)

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### **Samaritan Counseling Center of Southern WI**

Located in the Water Tower Place on Monona Drive  
5900 Monona Dr. Suite 100, Monona, WI  
(608) 663-0763

<http://samaritancounselingcenterwi.org/>

The Samaritan Counseling Center is a Non-Profit Counseling Center in the Madison, WI area that specializes in Spiritually Integrated Counseling.

### **SAMHSA's National Helpline/Referral Service**

800-662-HELP (4357)

[www.samhsa.gov](http://www.samhsa.gov)

Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. Can link the caller to a variety of hotlines that provide treatment referrals 24 hours a day.

### **Suicide Loss Support Group**

Divine Savoir Hospital

2817 New Pinery Rd Classroom C, Portage, WI 53901

(608) 697-0374

1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month

5:30 to 6:30 pm

### **Suicide Loss Survivor's Support Group – Sky Blue Dreams**

158 Ormsby St

Oxford, WI 53952

[serenity@sandywalden.com](mailto:serenity@sandywalden.com)

6:00 – 8:00 pm 3<sup>rd</sup> Thursday of each month

### **Suicide Prevention Lifeline**

800-273-TALK (8255)

### **Tellurian UCAN, Inc.**

300 Femrite Drive, Madison, WI

(608) 222-7311

<http://tellurian.org/>

Tellurian UCAN, Inc. is a not-for profit agency that provides a wide array of human services. Services address problems relating to substance abuse and addictions, mental illness, and homelessness.

### **Tobacco Free Columbia/Dane County Coalition (TFCDC)**

210 Martin Luther King, Jr. Blvd., Room 507, Madison, WI 53703

(608) 242-6297

Contact: Ryan Sheahan e-mail: [rsheahan@publichealthmdc.com](mailto:rsheahan@publichealthmdc.com)

TFCDC collaborates with schools on youth prevention, provides organizations with tobacco and nicotine education, and assists properties with creating smoke-free housing policies.

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**Transitions Behavioral Health, LLC**

317 DeWitt Street, Portage, WI 53901  
(608) 745-1751

**Tri County MATRS**

2652 Murphy Road, Portage, WI 53901

(608) 402-4312 - 24/6 Heroin and Opioid help

MAT is an Outpatient treatment for addiction of opiates that uses medication assistance along with mental health and social supports to achieve sobriety.

**Veterans Mental Health/AODA Support Group**

400 DeWitt Street, Portage WI 53901

(608) 256-1901 x 16904 Jennifer; [Jennifer.gruba@va.gov](mailto:Jennifer.gruba@va.gov)

Third Wednesday of each month – 11:00-1:00 p.m.

Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays required, counselors have master's degrees and are also veteran's themselves.

**Warmline**

(608) 422-2383

Need someone to talk to? The Warmline is answered by people who have lived experience of mental health and/or substance use issues and are trained to support people during tough times.

Hours: M-F 4pm – 10pm; Saturday and Sunday 2pm – 10pm

**Wisconsin Council on Problem Gambling**

1423 Kellogg Street, Green Bay, WI

800-GAMBLE-5 / 800-426-2535

The Wisconsin Council on Problem Gambling provides resources, public awareness and education on problem and pathological gambling disorders while maintaining strict neutrality on the issue of legalized gambling.

**Wisconsin Poison Center**

800-222-1222

[www.wisconsinpoison.org](http://www.wisconsinpoison.org)

**Wisconsin We C.A.N. Change Addiction Now**

2<sup>nd</sup> Monday of the month 6:30 – 8:00

Wisconsin United We CAN [lorics@changeaddictionnow.org](mailto:lorics@changeaddictionnow.org)

Portage United Methodist Church

1804 New Pinery Road, Portage, WI 53901

Bring the voice of the family to addiction and recovery with Wisconsin We CAN (Change Addiction Now) support group.

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# Crisis Programs

## **24-Hour Emergency Crisis Hotline**

888-552-6642

Immediate help and crisis services for people dealing with a Mental Health or AODA Crisis, or having thoughts of suicide.

## **American Red Cross**

4860 Sheboygan Ave., Madison, WI 53705

877-618-6628

(608) 232-5819

Sauk County Branch:

600 Chestnut St., PO Box 128, Baraboo, WI

(608) 355-0943

Responds to disasters such as fire, flood, and tornado, providing relief (food, clothing, emergency shelter, and personal items, including essential household furnishings, medical supplies, and eyeglasses) to individuals and families, and recruits volunteers.

## **Columbia County Pregnancy Resource Center**

311 E. Wisconsin Ave., Suite 202, Portage, WI 53901

800-705-4710

Offers free pregnancy testing, adoption information and referrals, baby clothing, supplies, counseling and pregnancy education. Promotes life and adoption.

## **Hope House**

Office 720 Ash St., PO Box 557, Baraboo, WI 53913

(608) 356-9123

Mon-Fri 8am-4pm

Toll Free: 1-800-584-6790      Crisis Line- (608) 356-7500 24-Hour Confidential Helpline

[www.hopehousescw.org](http://www.hopehousescw.org)

Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, and support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.

## **Lodi – Reach Out Lodi Community Store**

610 Clark Street, Lodi WI 53555

(608) 592-4592

[www.reachoutlodi.org](http://www.reachoutlodi.org)

Open by appointment Mon, Tues, and Thurs from 9:00 – 3:30 and Sat from 8:30 – 11:00.

Provides FREE assistance to families and individuals in crisis to meet their basic living needs. Products include food, personal essentials, household cleaning supplies, school supplies and clothing for men, women and children.

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**National Hope Line Network, Suicide & Crisis Hotline**

800-442-HOPE (4673)

National network hotline for people in crisis and having thoughts of suicide

**Runaway and Youth Services**

Lutheran Social Services of Wisconsin and Upper Michigan

24-Hour Hotline: 855-577-7297

A program for youth with runaway and/or other at-risk behaviors and their families; short-term counseling and referrals provided to any youth age 11-17, and the family. Hotline is for children and youth, ages 11-17, (and their families) who need to talk to a counselor about issues that may put them at risk for running away. Provided by Lutheran Social Services.

**Tri County MATRS**

2652 Murphy Road, Portage, WI 53901

(608) 402-4312 - 24/6 Heroin and Opioid help

MAT is an Outpatient treatment for addiction of opiates that uses medication assistance along with mental health and social supports to achieve sobriety.

**Salvation Army**

PO Box 766, Mukwonago, WI 53149

(920) 980-7938 Angela Swinehart, Field Representative

**Veterans Crisis Hotline**

800-273-8255 (TALK)

**Veterans Mental Health/AODA Support Group**

400 DeWitt Street, Portage WI 53901

Third Wednesday of each month – 11:00-1:00 p.m.

For more information about the group contact:

608-256-1901 x 16904 Jennifer or [Jennifer.gruba@va.gov](mailto:Jennifer.gruba@va.gov)

Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays required, counselors have master's degrees and are also veteran's themselves.

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# Dental – Free or Low Cost Services

## **Familia Dental**

3003 E Washington Ave., Madison, WI 53704

(608) 244-8050; (888) 988-4066

<http://www.famliadental.com>

Participants of Medical Assistance or BadgerCare

## **Family Health Center – La Clinica - Beaver Dam**

207 S. University Ave., Beaver Dam, WI 53916

(920) 356-5012

<http://www.famhealth.com>

Participants of Medical Assistance or BadgerCare

## **Family Health Center – La Clinica - Wautoma**

400 South Townline Road, Wautoma, WI 54982

(920) 787-5514

<http://famhealth.com>

Participants of Medical Assistance or BadgerCare, Insured, Low-Income (Uninsured). Affordable Care Program.

## **Family Health Center – Mauston Dental Clinic**

880 Herriot Drive, Mauston, WI 53948

(608) 847-6700

<http://www.famhealth.com>

Participants of Medical Assistance or BadgerCare, Forward Health, Low-Income (uninsured), or Insured.

## **MA Dentist**

Individuals receiving medical assistance: please call the number on the back of your M.A. Card or 800-362-3002 to find a dentist in your area.

## **Marshfield Clinic – Black River Falls Dental Clinic**

N6571 Lumberjack Guy Road, Black River Falls, WI 54615

(715) 670-0400

Serve all patients, regardless of ability to pay or insurance status. Those who lack access to dental care are priority.

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**Marquette University School of Dentistry Clinic**

1801 W. Wisconsin Ave., Milwaukee, WI 53233

(414) 288-6790

All patients accepted including MA and Title XIX, Low-Income (uninsured). 13 years and older for general clinic. Must pass through ha screening process. Pediatric clinic available.

**Poynette School District Dental Program**

608-635-4347 Vicki Sukowski ext. 314, Gabe Morton ext. 334

Two cleanings and sealants per year.

**St. Ann Center for Intergenerational Care**

2450 W. North Ave, Milwaukee, WI 53205

(414) 210-2440

[www.stanncenter.org/clinic](http://www.stanncenter.org/clinic)

Hours M, T, Th & F 8:00 – 5:00

For children and adults with disabilities who cannot be treated in a standard dental clinic because of expense or lack of accessibility. Referral from a Dr or Dentist required.

**St. Vincent de Paul Dental Clinic**

1906 North Street, Prairie du Sac, WI 53578

(608) 644-0504 ext. 10 or 12

<http://www.stvdpdental.com>

Residents of Sauk and Columbia Counties. Low Income (<200% Poverty Level) Uninsured, and participants of Badger Care and Medical Assistance. Application required (608-742-9227).

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# Domestic Violence

## **Between Friends**

Chicago, IL 60660  
800-603-HELP (4357)

## **Domestic Abuse Services**

Ho-Chunk Nation Social Services  
888-343-8190

Domestic Abuse Services available: Emergency shelter, emergency transportation, information, childcare assistance, advocacy, education, support groups.

## **Domestic Violence Support Group**

1<sup>st</sup> and 3<sup>rd</sup> Friday of the month.  
Portage Library, 253 E Edgewater St, Portage 53901  
(608)742-4959

## **Hope House**

Office 720 Ash St., PO Box 557, Baraboo, WI 53913  
(608) 356-9123

Mon-Fri 8am-4pm

Toll Free: 800-584-6790      Crisis Line- (608) 356-7500 24-Hour Confidential Helpline  
24-Hour Confidential Helpline

Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, and support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.

## **National Domestic Violence Hotline**

800-799-SAFE (7233)  
800-787-3224 (TDD)

## **PAVE**

800-775-3785  
920-344-0123 Crisis Texting Line  
Domestic violence and sexual assault support group serving Dodge County  
<http://www.peopleagainstavioleenvironment.com/>

## **Pregnancy Resource Center**

311 E. Wisconsin St., Suite 202, Portage, WI 53901  
800-705-4710

Offers free pregnancy testing, adoption information and referrals, baby clothing, supplies, counseling and pregnancy education. Promotes life and adoption.

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# Employment and Training

## **Access to Independence**

3810 Milwaukee St, Madison, WI 53714

800-362-9877

(608) 242-8484

[www.accesstoind.org/](http://www.accesstoind.org/)

Provides resources, services and advocacy for people with any type of disability and of any age.

## **Division of Vocational Rehabilitation (DVR)**

2875 Village Road, Suite 200, Portage, WI 53901

(608) 742-6250

Provide employment services to people with disabilities to obtain, maintain and improve their employment.

## **Employment Resources Inc.**

4126 Lien Rd. Ste. 14, Madison WI 53704

(608) 246-3444

[www.eri-wi.org](http://www.eri-wi.org)

Employment Resources, Inc. (ER) is a private, non-profit organization located in Madison, Wisconsin. Since 1990 our mission has been to increase employment opportunities for people with disabilities.

## **Food Share Employment and Training (FSET)**

Forward Services Corporation

2875 Village Road, Suite 200, Portage, WI 53901

(608) 742-1089

FSET is a voluntary, no-cost program that helps Foodshare members build their job skills and find jobs.

## **Greater Wisconsin Agency on Aging Resources (GWAAR)**

(608) 243-5670

Specializes in service workers age 55+

[info@gwaar.org](mailto:info@gwaar.org)

<http://gwaar.org>

## **Job Corps**

800-733-5627

[www.jobcorps.gov](http://www.jobcorps.gov)

Free education and training program for young men and women between ages of 16 and 24. They will learn a trade and earn a GED at a residential campus.

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**Madison College (formerly MATC) – Portage Campus**

330 Collins St., Portage, WI 53901

(608) 745-3100

Adult study center for GED: (608) 745-3110

<http://madisoncollege.edu/portage-campus>

Career Counseling available

**Military One Source**

Wisconsin Military OneSource Co.

[www.militaryonesource.mil](http://www.militaryonesource.mil)

Contact: Rebecca Bernau-Boehlke (715) 441-0077

A source of information for military personnel, active or inactive, and their families.

**Northwoods Inc. of Wisconsin**

N6510 U.S. Highway 51 PO Box 357, Portage, WI 53901

(608) 742-7114

Northwoods Inc. is a private, non-profit organization which provides meaningful programs and services that maintain individuals and families in the least restrictive setting and assists them to reach their maximum potential of development and independence within an integrated community environment. Services include vocational training and placement, elderly and frail in-home support, day service programming, and independent living and family parenting/support/mentoring.

**QTI**

311 E. Wisconsin St., Portage, WI 53901

(608) 742-7800

Temporary employment agency

**Tools for Tomorrow**

Madison Area Technical College

2125 Commercial Ave., Madison, WI 53705

(608) 246-5285

[toolsfortomorrow@madisoncollege.edu](mailto:toolsfortomorrow@madisoncollege.edu)

This program is designed to help women obtain training and employment in skilled trade and technical areas, including apprenticeships.

**UMOS**

Centre 7 Building

7 N Pinckney St. Suite 110, Madison, WI 53703

(608) 249-1180

A non-profit advocacy organization which provides programs and services which improve the employment, educational, health and housing opportunities of under-served populations.

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**Veteran's Services**

1819 Aberg Ave., Suite C, Madison, WI 53704

(608) 242-4888

<http://dwd.wisconsin.gov/veterans/>

Provides job search assistance to eligible veterans.

**Wisconsin Fresh Start / AmeriCorps**

Renewal Unlimited, Inc.

2900 Red Fox Run, Portage, WI 53901

(608) 742-1516 ext. 116 OR 800-344-7543

At-risk youth ages 17-24 construct or rehabilitate a single-family home for a modest wage while studying for HSED/GED. Income eligibility requirement.

**Wisconsin Job Center**

(608) 355-3140

[www.jobcenterofwisconsin.com](http://www.jobcenterofwisconsin.com)

Sauk County Job Center AND WorkSmart Workforce

505 Broadway, Rm 232, Baraboo, WI 53913

(608) 355-4810

Dane County Job Center, 1819 Aberg Avenue, Madison, WI 53704

(608) 242-4900

Resource rooms with access to job postings, internet, telephone fax machine, copy machine, and information about writing resumes and cover letters, completing employment applications, interviewing, and finding employment opportunities.

**Wisconsin Works (W-2)**

Forward Services Corporation, 2875 Village Road, Suite 200, Portage, WI 53901

(608) 742-1089

W-2 provides employment preparation services, case management, and cash assistance to eligible families.

**WISE Program**

Wisconsin Senior Employment Program

1819 Aberg Avenue, Suite C, Madison

(608) 242-4897

The WISE Program provides unemployed older adults who are 55 years of age and older with training and part-time, paid work experience in community service organizations. Work towards a new career in: clerical/computers, library aide, retail/sales, maintenance, food service, custodial/maintenance, teacher's aide, home health and hospital, adult/child day care. We help you make the right choice for your future.

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**Workforce Innovation and Opportunity Act**

Sauk County Job Center, 505 Broadway Room 232, Baraboo, WI 53901

(608) 355-4810

Provides employment and training services to limited income adults (must meet income eligibility requirement) and dislocated workers.

**Work Smart Access Point of Service**

MATC-Portage

330 Collins St., Portage, WI 53901

(608) 745-3100

AND

WorkSmart Workforce

505 Broadway, Rm 232, Baraboo, WI 53913

(608) 355-4810

Work Smart Access Point of Service locations offer free access to computers/Internet for job searching.

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# Family Resources and Services

## **Access to Independence, Inc. (“ATI”)**

3810 Milwaukee Street, Madison, WI 53714

(608) 242-8484

[www.accesstoind.org](http://www.accesstoind.org)

Advocates and provides services for people with any type of disability, and of any age, to achieve or maintain their independence. Types of services: Peer Support, Independent Living Skills Training, Advocacy, Assistive Technology, Youth Programs, Public Benefits Assistance, Nursing Facility Transition and Diversion, Disability Awareness and Community Education.

## **Alzheimer’s and Dementia Alliance of Wisconsin**

Columbia/Sauk Regional Office

2825 Hunters Trail, Portage, WI 53901

888-308-6251

(608) 742-9055

Columbia/Sauk Regional Office

2825 Hunters Trail, Portage, WI 53901

<http://www.alzwisc.org/>

The Alzheimer’s and Dementia Alliance of Wisconsin is dementia specific providing a variety of services for care givers and individuals with dementia. Services include: a lending library, information and referral, consultation, ongoing individual support of care givers, families, and service providers, training and educational services, support groups, memory cafes and programs for persons who are early in the disease process.

## **Alzheimer’s Family and Caregiver Support Program (AFCSP)**

Columbia County Aging & Disability Resource Center

2652 Murphy Road, Portage, WI 53901

(608) 742-9233

(888) 742-9233

2652 Murphy Road

Portage, WI 53901

[www.co.columbia.wi.us/columbiacounty/adrc](http://www.co.columbia.wi.us/columbiacounty/adrc)

The Alzheimer’s Family & Caregiver Support Program is designed to support families caring for a person with Alzheimer’s disease or other dementia in their home. Up to \$2,000 per year can be used to pay for respite care (in-home care or adult day care) so family members can have a break from caregiving. A co-payment might be required, depending upon the income level of the person with dementia and his or her spouse.

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**Aging and Disability Resource Center of Columbia County (ADRC)**

2652 Murphy Rd., Portage, WI 53901

(608) 742-9233

8:00 am --4:30 pm Mon-Fri

A place where all adults of all incomes and with any need may find information and resources. See [www.co.columbia.wi.us](http://www.co.columbia.wi.us) for more details about the ADRC, which is in the Department of Health and Human Services.

**Central Wisconsin Community Action Council, Inc. (CWCAC)**

203 DeWitt St., Portage, WI 53901

(608) 742-3320

[www.cwcac.org](http://www.cwcac.org)

Helping individuals manage their benefit money to meet their needs and assure them a better quality of life. Programs: Representative Payee Services, Conservatorships, Trustee Services and Federal Fiduciary.

**Dementia Support Group**

Columbus Community Hospital

1515 Park Ave., Columbus, WI 53925

(608)742-9055

888-308-6251

2<sup>nd</sup> Thursday of each month from 10 am – 11:30 am

**Columbia County Connects Coalition**

626 E. Slifer St., Portage, WI 53901

(608) 745-5400 Rick Raatz

Provides information on drugs and alcohol to parents and community members. Offers Juvenile Underage Drinking Offender classes.

**Columbia County University of Wisconsin – Extension**

120 W. Conant St., Suite 201, Portage, WI 53901

(608) 742-9680

**4-H Youth Development**

(608)742-9684

Karen Nelson; [karen.nelson@ces.uwex.edu](mailto:karen.nelson@ces.uwex.edu)

Provide youth, Kindergarten through 1 year past High School (K-13) with opportunities to explore their world through focused projects and activities.

**Agriculture and Natural Resources**

(608)742-9682

George Koepp; [George.koepp@ces.uwex.edu](mailto:George.koepp@ces.uwex.edu)

Agriculture and Natural Resources Extension aims to make Wisconsin agriculture strong and competitive while conserving and protecting natural resources. Education about agriculture, horticulture and natural resources protects our economy, our food supply, our natural environment and our future.

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## **Columbia County University of Wisconsin – Extension Continued**

120 W. Conant St., Suite 201, Portage, WI 53901

(608) 742-9680

### **Community Development**

(608)742-9683

Kathleen Haas; [kathleen.haas@ces.uwex.edu](mailto:kathleen.haas@ces.uwex.edu)

Teams up with the community to address challenges and maximize opportunities for growth.

### **Family Living**

(608)742-9685

Pat Wagner; [pat.wagner@ces.uwex.edu](mailto:pat.wagner@ces.uwex.edu)

Strengthens families by helping adults be better parents, manage money wisely and handle life's stress and changes.

### **Wisconsin Nutrition Education Program (WNEP)**

Caitlin Richardson; [caitlin.richardson@ces.uwex.edu](mailto:caitlin.richardson@ces.uwex.edu)

WNEP helps low-income families eat better, keep food safe, and stretch their food dollars.

Open to those who receive or are eligible to receive FoodShare.

Wisconsin Education Program Coordinator

(608)742-9693

## **Communications Innovations**

716 Lois Dr., Sun Prairie, WI 53590

Becky Lotto

(608)204-6083

[info@communicationinnovations.com](mailto:info@communicationinnovations.com)

[www.communicationinnovations.com](http://www.communicationinnovations.com)

Provides a comprehensive support system for individuals with special needs and their families through the highest quality services available.

## **Family Resource Center**

2946 Red Fox Run, Portage, WI 53901

(608) 742-8482 Warmline: 1-800-325-5505

Provides a variety of family services, including scheduled playgroups, parenting support and information series, workshops, and family visiting program. Staff is available to answer questions or provide resources to help families. All services are free.

## **Family Voices**

(608) 220-9598

Barbara Katz

Family Voices of Wisconsin is a statewide network of families who have children with special health care needs and disabilities and those who work on their behalf. The focus of our work is health care access, coverage and supports and services for children with special needs.

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**Girl Scouts of Badgerland Council**

800-236-2710

[www.gsbadgerland.org](http://www.gsbadgerland.org)

Provides field trips, community service opportunities, recreation for girls K-12<sup>th</sup> grade

**Head Start & Early Head Start**

(608) 742-5329

Renewal Unlimited

2900 Red Fox Run, Portage, WI 53901

Classroom and/or in-home programs for 3-5 year olds and pre-natal to 3 year old

**Kids Wisconsin**

(920) 296-0341

Mary Weinheimer

[www.kidswi.org](http://www.kidswi.org)

Keeping Individuals with disabilities served.

**Kindred Kids**

(608) 438-5844

951 W. James St.

Columbus, WI 53925

[www.kindredkids.org](http://www.kindredkids.org)

Non-profit organization that provides lending library of toys and resale store for gently used children's clothing and toys.

**Lodi – Reach Out Lodi Community Store**

610 Clark Street, Lodi WI 53555

(608) 592-4592

[www.reachoutlodi.org](http://www.reachoutlodi.org)

Open by appointment Mon, Tues, and Thurs from 9:00 – 3:30 and Sat from 8:30 – 11:00.

Provides FREE assistance to families and individuals in crisis to meet their basic living needs.

Products include food, personal essentials, household cleaning supplies, school supplies and clothing for men, women and children.

**Memory Café**

(608) 742-9055 Janet Wiegel

[janet.wiegel@alzwisc.org](mailto:janet.wiegel@alzwisc.org)

4<sup>th</sup> Wednesday of each month from 1-3pm @ Portage Public Library

Anyone with memory challenges, mild cognitive impairment, early Alzheimer's/dementia can come to socialize and enjoy refreshments and a program or activity chosen by the group.

No charge. Donations welcome

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**Military One Source**

Wisconsin Military OneSource Co.  
(715) 441-0077 Rebecca Bernau-Boehlke  
[www.militaryonesource.mil](http://www.militaryonesource.mil)

A source of information for military and their families, active or inactive.

**Northwoods Inc. of Wisconsin**

N6510 U.S. Highway 51 PO Box 357, Portage, WI 53901  
(608) 742-7114

Northwoods Inc. is a private, non-profit organization which provides meaningful programs and services that maintain individuals and families in the least restrictive setting and assists them to reach their maximum potential of development and independence within an integrated community environment. Services include vocational training and placement, elderly and frail in-home support, day service programming, and independent living and family parenting/support/mentoring.

**Portage Caregivers Support Group**

Portage Public Library  
(608) 742-9055 Janet Wiegel  
janet.wiegel@alzwisc.org  
1<sup>st</sup> Monday of the month 1:00 – 2:30

**PACAP (Portage-Area Community Assistance Program)**

108 E. Pleasant St., Portage, WI 53901  
(608) 742-7687

A stream-lined approach to community assistance initiatives between River Haven, St. Vincent de Paul (Portage) St. John's Lutheran Church Portage and the local clergy fund and the local United Way.

**Portage Low Vision Support Group**

Fran (608)742-4060; Neil (608)592-5574 or Roz (608)742-8180  
Resources available for people with vision problems.

**Tax Assistance Program**

(608) 742-9233 or 1-888-742-9233  
Offers tax preparation assistance to middle to low income taxpayers during tax season. Priority is given to individuals age 60 and older.

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**TLC Communities Clothes Closet**

141 E. Cook St., Portage, WI 53901

(608) 617-4813 Sue Drabek or

(608) 617-9217 Abby

1:00PM – 4:00PM Wednesday, Thursday & Friday

Provides free clothing for men, women, children, and infants, some household items, paper products and toiletries, washcloths and towels, some baby products.

**Wisconsin We C.A.N. Change Addiction Now**

Wisconsin United We CAN [lorics@changeaddictionnow.org](mailto:lorics@changeaddictionnow.org)

Portage United Methodist Church

1804 New Pinery Road, Portage, WI 53901

2<sup>nd</sup> Monday of the month 6:30 – 8:00

Bring the voice of the family to addiction and recovery with Wisconsin We CAN (Change Addiction Now) support group.

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# Food Pantries and Nutrition Programs

## **2<sup>nd</sup> Harvest Mobile Food Pantries**

(open to all Columbia County residents)

**Portage:** 2<sup>nd</sup> Monday of every month, 11:00, at Columbia Co. Fairgrounds, Wauona Tr/Griffith St.

Everyone welcome. No ID's needed. Bring your own carts/baskets to carry your food.

**Pardeeville:** 4<sup>th</sup> Monday of every month, 3:30pm at St. Mary's Church, 318 S. Main St.

## **Blessings in a Back Pack**

Poynette School District

Providing weekend meals to children in need.

Contact: (608) 635-4347 Vicki Sukowski ext.314 or Gabe Morton ext. 334

## **Bread Basket Community Food Pantry**

First Presbyterian Church, 121 W. Florence Street, Cambria, WI 53923

Serves residents of Cambria School District on an on-call basis;

Call: Joanne Sanderson at (920) 348-5568, or Ann Smedema at (920) 348-5485 for assistance

## **Central Wisconsin Community Action Council**

Food Pantry Director/Coordinator

Holly Weber

(608) 697-4612

## **Columbus/Fall River Food Pantry**

Columbus Area Senior Center, 125 N. Dickason Blvd, Columbus, WI 53925

Serves residents of Columbus & Fall River School Districts; Call (920) 623-5918 – a different church is responsible for distribution every month.

## **Columbus Nutrition Site**

Columbus Senior Center, 125 N. Dickason Blvd, Columbus, WI 53925

(608) 763-2124 Place your order by noon the day prior for a meal the following day.

Monday – Friday, 9:00-12:30 p.m. Lunch served at 11:30 a.m.

## **Community Gardens**

Community Gardens provide a small plot of land for a nominal fee to people who want to grow some of their own food.

Cambria: Cheryl Schwark (920) 763-2332

Columbus: garden.columbus@gmail.com

Poynette: Village Office (608) 635-2122

Portage: Parks and Recreation Dept (608) 742-2178

Lodi: Bill Welch (608) 592-5666

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**Crossroads Pantry**

132A S. Ludington Street, Columbus, WI 53925

(920) 350-0011 – messages are checked throughout each day

Hours: Monday - 4:30-6:30; Thursday - 9:00-11:00; 1st & 3<sup>rd</sup> Saturdays - 9:00-11:00

The clients are able to receive hygiene, cleaning and paper products 1 time per month and food 2 times. We are partnered with Second Harvest. Closed if Columbus Schools are closed.

**Food Share (formerly food stamps)**

Food assistance based on income

Contact Columbia County Health and Human Services at 2652 Murphy Road, Portage, WI 53901

Check your eligibility or apply for Food Share, health care or other services on line at

[www.access.wisconsin.gov](http://www.access.wisconsin.gov); or call 1-(888)794-5556

**Lake Delton/WI Dells Community Food Pantry**

Community Action Building, 1000 Hwy 13, Wisconsin Dells, WI 53965

Serves residents of Wisconsin Dells School District; Call Kim McClelland or

Lisa Williams at (608) 254-8353

Hours: Tues: 9am-noon; Thurs: 1-4pm

**Lodi – Reach Out Lodi Community Store**

610 Clark Street, Lodi WI 53555

(608) 592-4592

[www.reachoutlodi.org](http://www.reachoutlodi.org)

Open by appointment Mon, Tues, and Thurs from 9:00 – 3:30 and Sat from 8:30 – 11:00.

Provides FREE assistance to families and individuals in crisis to meet their basic living needs.

Products include food, personal essentials, household cleaning supplies, school supplies and clothing for men, women and children.

**Lodi Nutrition Site**

Elementary School

101 School St.

(608) 592-4208 Place your order by noon the day prior for a meal the following day.

Monday 9:30 a.m. – 12:30 p.m., Lunch served at 11:30 a.m.

**Neighbors in Constant Care Foundation (NICC)**

Serves residents in Columbus/Fall River School Districts; Call (920) 623-5540, (920) 623-4772, or (920) 623-4722 for information. Credit mediation, housing, food assistance, school supplies, or referral to other resources.

**PAD Pantry (Poynette, Arlington, Dekorra) Food Pantry**

Village Hall/Nutrition Site, 106 S. Main St., Poynette, WI 53955

Serves residents of Poynette School District - Call: Ruth Ann Waugh (608) 635-4167; or Donna

Luessman (608) 635-4448; Marv & Jan Gardner (608) 742-4494

Hours: Tuesday 1-3 pm and Thursday 5-7pm

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**Pardeeville Nutrition Site**

Angie Cox Library

119 N Main Street

(608) 429-4962 Place your order by noon the day prior for a meal the following day.

Monday – Friday 9:30 am – 12:30 pm, Lunch served at 11:30 a.m.

**Portage Food Pantry**

405 E Howard St., Portage, WI 53901

Serves residents of Portage Community School District; (608) 742-3774

Hours: Mon and Wed 11-noon; Thurs 5-6pm

**Portage Nutrition Site**

City Hall (Basement) \*temporarily in basement of LEC until further notice

115 W Pleasant St

(608) 742-8726 Place your order by noon the day prior for a meal the following day.

Monday – Friday 9:00 a.m. – 12:30p.m., Lunch served at 11:30 a.m.

Salad/Soup/Sandwich Bar Wednesdays January through September

**Poynette Clergy Food Pantry**

Bethel Lutheran Church, 101 Bethel Dr., Poynette, WI 53955

Serves residents of Poynette area on an on-call basis; Call Pastor Stephen (608) 635-2468; Church

Office (608) 635-7118; or Kenneth Nelson (608) 695-6741

**Poynette Nutrition Site**

Village Hall

106 S Main Street

(608) 635-2122 ext. 435 Place your order by noon the day prior for a meal the following day.

Monday-Friday 9:30 a.m.-12:30 p.m., Lunch served at 11:30 a.m.

**Prairie Pride Pantry**

United Methodist Church, 103 Reagles St., Arlington, WI 53911

Serves residents of Arlington and Poynette and Towns of Arlington, Dekorra, Hampden, and Leeds.

Hours: Wednesdays 4:30-5:30pm and Saturdays 9:00-10:30am

**Randolph Food Pantry**

Evangelical Free Church, 702 N. High St., Randolph, WI 53956 (corner of Hwy 73 and P)

Serves Randolph area; call church secretary, afternoons (920) 326-3821; call ahead, preferably before the weekend

Hours: Tuesday 1-3pm

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### **Rio Area Food Pantry**

Rio Community Center, 104 Lincoln Ave., Rio, WI 53960

Serves residents of Rio, Cambria, & Doylestown; Call John Atkinson (608) 429-3728; Dean Hoel (608) 617-8044; Suzi Salzwedel (608) 697-1490; or Bob & Helen Risgaard (920) 992-5258

Hours: 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Mondays – 10am-noon; 4<sup>th</sup> Monday – 5-6pm

### **School Lunch Program**

Free or reduced price school lunch to eligible families. Some schools also offer breakfast. Contact your school district for details.

### **Seasonal Farmers' Markets**

- Cambria Farmer's Market
  - Wednesday's, 4-7pm; Tarrant Park
- Columbus Downtown Farmer's Market
  - Wednesdays, 3-6pm; 220 E. James Street (Jodee O's parking lot)
- Columbus Farmer's Market
  - Sunday from 9am-1pm; N. Ludington (next to Amtrak)
- Fall River Area Farm & Flea Market
  - Saturdays, 8am-12:00pm; Hwy 16 & Savanna Road
- Lodi Valley Farmer's Market
  - Fridays 2-6pm; 902 N. Main (next to Koltes Hdw.)
- Portage Farmer's Market
  - Thursday, Noon-6pm; Commerce Plaza (Corner of Cook & Wisconsin)
- Poynette Area Farmer's Market
  - Saturdays, 8am-11am; Pauquette Park (S. Main St.)
- Wisconsin Dells Farmer's Market
  - Sundays, 9am-1pm; Thunder Valley (W15344 Waubeek Rd. off Hwy 13)

### **Senior Farmers' Market Nutrition Program**

\$25 in vouchers to spend on fresh fruits and vegetables at farmer's markets and participating farm stands, for age 60 and over meeting income eligibility guidelines.

Call the ADRC (608) 742-9233 for details.

### **Senior Nutrition Program**

Serves people over age 60 and their spouses. No income or asset limits. Noon meals at sites in, Columbus, Lodi, Pardeeville, Portage, Poynette, and home delivered meals to homebound seniors who can't prepare daily meals. For more information, call the ADRC at (608) 742-9219.

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**St. Vincent de Paul Food Pantry**

1311 W. Wisconsin St., Portage WI 53901

(608)742-5513

M-Th & Sat. 9-5; F 9-8

ID and Proof of Residency Required. No appointments necessary, first come first served. Now with fresh produce and dairy products.

**Wyocena Community Helping Hands Pantry**

Wyocena Community Center, 165 E. Dodge St., Wyocena, WI 53969

Serves residents of Pardeeville School District based on income eligibility

Open 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> weeks of the month.

Hours: Mon-Wed 10-noon; closed holidays, and when school district is closed due to weather.

Clothing, shoes, books, games, puzzles, and small household items available to anyone in need.

Call Bridget Rhode (608) 742-4905 for questions.

**WIC (Women, Infants, Children Nutrition Program)**

2652 Murphy Road, Portage, WI 53901

Provides food vouchers, farmer's market vouchers, and nutrition information to keep pregnant and breastfeeding women, infants, and children under 5 years healthy and strong. Income eligibility requirement. For more information call (608) 742-9254

**Wisconsin Nutrition Education Program**

(608) 742-9693

WNEP helps low-income families eat better, keep food safe, and stretch their food dollars. Open to those who receive or are eligible to receive FoodShare.

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## Government Offices

More information regarding each Columbia County Department may be found at [www.co.columbia.wi.us](http://www.co.columbia.wi.us). To find out if you may be eligible for a government benefit program, visit [www.access.wisconsin.gov](http://www.access.wisconsin.gov).

### **Columbia County Child Support Office**

PO Box 256, 400 DeWitt St., Portage, WI 53901  
(608) 742-9610  
<http://dcf.wisconsin.gov/bcs>

### **Columbia County Department of Health and Human Services**

PO Box 136, 2652 Murphy Road, Portage, WI 53901  
(608) 742-9227  
Administers FoodShare, ChildCare and Medical Assistance Programs; Women, Infants, and Children (WIC) nutrition program; Free immunizations to qualifying families; well-baby programs; child protection services; Aging and Disability Resource Center and Behavioral Health Programs.

### **Columbia County Jail and Huber Center**

403 Jackson St., Portage, WI 53901  
(608) 742-6476

### **Columbia County Register of Deeds**

PO Box 133, 400 DeWitt St., Portage, WI 53901  
(608) 742-9677  
Copy of original birth certificate if issued by Columbia County, \$20

### **Columbia County Sheriff's Department (Law Enforcement Center)**

PO Box 132, 711 E. Cook St., Portage, WI 53901  
(608) 742-4166

### **Columbia County Veterans' Service Office**

PO Box 232, 400 DeWitt St., Portage, WI 53901  
(608) 742-9618  
Fax: (608) 742-9634

### **Department of Transportation, Division of Motor Vehicles, Driver Licensing & Testing**

260 Eastridge Drive, Portage, WI 53901  
7am-5pm, Tuesdays and Thursdays  
[www.dot.state.wi.us/drivers/index.htm](http://www.dot.state.wi.us/drivers/index.htm)  
To check driver's license status:  
<https://trust.dot.state.wi.us/occsin/occsinservlet?whoami=statusp1>

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**Lost Quest Card or Food Share Card**

877-415-5164

**Probation and Parole Office**

260 Eastridge Drive, Portage, WI 53901  
(608) 742-4020

**Social Security Administration**

2875 Village Rd., Suite 100, Portage, WI 53901

800-772-1213 (7:00am – 7:00 pm)

888-875-1681 Local office

9:00am - 4:00pm Mon, Tues, Thurs & Fri; 9:00am - 12:00pm Wed

Administers Social Security retirement, survivors, and disability benefits, and handles Medicare.

Also administers the Supplemental Security Income (SSI) program, which provides basic income to people who are 65 or older, disabled, or blind, and have limited income and resources. Most Social Security business can be conducted by telephone, from receiving general information to applying for a Social Security card or benefits.

**State of Wisconsin**

Wisconsin.gov

Wisconsin.gov is the Wisconsin Citizen's Portal that provides interactive government services online to help meet the needs of the businesses and the people of Wisconsin. Wisconsin.gov provides a variety of online support tools, which enable you to quickly and accurately locate answers to your questions.

**Unemployment Compensation**

608-232-0678

For faster services call on the following days:

Last digit of SSN ending in: 0-2 Monday

Last digit of SSN ending in: 3-6 Tuesday

Last digit of SSN ending in: 7-9 Wednesday

Any: Thursday and Friday

ALL unemployment claims taken over the phone or online. No local office.

<https://my.unemployment.wisconsin.gov> to apply online

**Veteran's Service Officer – Columbia County**

608-742-9618

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# Healthcare-Free or Low Cost Services

## **Care 4 U Clinic**

6440 E. Pine St., Dalton, WI 53926  
(920) 394-2136 Fax: 920-394-2021

[Care4u@centurytel.net](mailto:Care4u@centurytel.net)  
[www.care4uclinic.org](http://www.care4uclinic.org)

Low cost and cash only clinic serving the greater Dalton area.

## **Church Health Services**

115 N. Center St., Beaver Dam, WI 53916  
(920) 887-1766

<http://www.churchclinic.org/>

Church Health Services is a primary health care clinic serving the needs of the poor and uninsured of **Dodge County**.

## **Columbia County Department of Health and Human Services**

2652 Murphy Road, PO Box 136, Portage, WI 53901  
(608) 742-9227

Some Services offered:

### **Free Capillary Blood Lead Testing**

Provided for children age 1 to 6. Call for an appointment.

### **Communicable Disease Control**

Public health nurses provide surveillance, investigation, prevention, and control of communicable disease. The Hepatitis B vaccine for adults is available for a fee as well as TB skin tests, influenza, and pneumonia vaccines.

### **Fluoride Supplements**

Fluoride drops and tablets are available free of charge. Children ages 6 months to 16 years of age who drink well water or live in villages with un-fluoridated water should be given daily fluoride supplements. Fluoride can be picked up on Monday and Wednesday mornings from 8:00am-12:00pm during Public Health Walk-In Clinic hours. A well water test for fluoride is required.

### **Healthy Beginnings+ (formerly Prenatal Care Coordination)**

Medical Assistance benefit for pregnant women, provides support and services to have a healthy baby.

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## **Columbia County Department of Health and Human Services (cont'd)**

### **Free Immunization Clinic**

2:30pm-5:30pm (10/10, 11/14, 12/12 - 2016)

No appointment is necessary – Birth parent or legal guardian signature required. Bring immunization records.

### **Public Health Walk-In Clinic**

Mondays and Wednesdays from 8:00am-12:00pm

Immunizations and TB skin tests are available at this time. TB tests are done on Monday, am only.

### **Free Well Water Testing**

Testing for bacteria nitrates and fluoride is available to pregnant women and families with infants up to one year. Call for details.

### **Women, Infants, and Children (WIC)**

Supplemental nutrition program for pregnant, post partum, and breast feeding women, infants, and young children. It provides nutrition education and vouchers for specific food items. Eligibility is based on family income.

### **Good Neighbor Clinic**

95 Lincoln Street, Prairie du Sac, WI 53578

(608) 643-4749

Hours: Mondays and Wednesdays 1 to 5 p.m.

Please note: Good Neighbor Clinic only serves Columbia County residents that live in the Lodi School District.

[www.goodneighborclinic.org](http://www.goodneighborclinic.org)

### **MA Dentist**

Individuals receiving medical assistance: please call the number on the back of your M.A. Card or 800-362-3002 to find a dentist in your area.

### **Pink Ribbon Angels, Inc.**

1010 Prospect Ave. Unit 3, Portage WI 53901

To apply: <http://pinkribbonangels.org>

Helps pay for out-of-pocket expenses to ensure the best care possible. Some of the products and services will help cover include: Mammograms (both screening and diagnostic); insurance co-pays; prescription co-pays, physical/occupational therapy supplies; wigs, prosthetics, medical devices; mileage stipend; daycare needs during treatments; and house cleaning services.

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**Planned Parenthood**

132 W. Cook St., Portage, WI 53901

(608) 742-1551

800-230-PLAN (7526)

Provides family planning services, regardless of income. Hours: Tuesdays from 10:30am to 6:00pm and Fridays from 9:30am-5:00pm. Call 1-800-230-7526 for more information about services offered.

**Pregnancy Resource Center**

311 E. Wisconsin St., Suite 202, Portage, WI 53901

800-705-4710

Offers free pregnancy testing, adoption information and referrals, baby clothing, supplies, counseling and pregnancy education. Promotes life and adoption.

**Prescription, Health & Dental Discounts**

877-573-2395

Offers Low-Fee Health Discount Program, Dental Discount Program and Free Prescription Discount Program. Prescription Savings average 24%

**RCaN - Rural Cancer Network**

A web-based network that supports rural service providers through resources.

<https://ruralcancernetwork.org/columbia-county/>

**St Vincent De Paul Free Clinic**

140 E. Cook St., Portage, WI 53901

Located in basement of Wilz Drug Store

Clinic is open Wednesdays only from 9:00am to Noon; open to both adults and children on a first come/first served basis. We are willing to help you find free or low cost medications or supplies. There are no financial limitations. Any questions call Bonny at (608) 234-0159.

Diabetic Educator – assists patients get their diabetes in control

Toenail care – available every week

Physical therapist – available every week

Pediatrician – does WIAA and preschool physicals

*Services not provided:* chiropractor, commercial drivers exams, prescribing narcotics, obstetrics, disability exams, pregnancy tests, STD testing or immunizations.

**VA Hotline for Women**

855-VA-WOMEN A hotline to receive and respond to questions from veterans, their families, and their caregivers about the many VA services and resources available to women veterans.

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**Wisconsin Dental Association**

[www.wda.org](http://www.wda.org)

Oral health information including community activities, events, newsletters, and other programs including Mission of Mercy and Donated Dental Services. Use the following link to find resources for dental care for low income and uninsured:

<http://www.wda.org/your-oral-health/community-activities/community-dental-clinics>

**Wisconsin website for Free or Low Cost Health Clinics in Wisconsin**

<http://www.dhs.wisconsin.gov/forwardhealth/clinics.htm>

**Wisconsin Well Woman Program**

Provides preventive health screening services to low-income, uninsured or underinsured women. Contact Jennifer Froh, Community Health Educator, for referral: (608)847-9373, Toll Free: (866) 735-9616

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# Healthcare – General

## **Columbus Clinic**

1513 Park Ave., Columbus, WI 53925  
(920) 623-9611

## **Columbus Community Hospital**

1515 Park Ave., Columbus, WI 53925  
(920) 623-2200  
Emergency room and urgent care 24 hours a day

## **Consumer Protection Safety Committee**

[www.cpssc.gov](http://www.cpssc.gov)

Recall List / Product Safety

## **Dean Specialty Clinic – Columbus**

1513 Park Ave., 2<sup>nd</sup> Floor, Columbus, WI 53925  
(920) 623-9535

## **Dean Specialty Clinic – Portage**

2825 Hunters Trail #2, Portage, WI 53901  
(608) 742-1063

## **Dells Clinic**

1310 Broadway Rd., Wisconsin Dells, WI 53965  
(608) 253-1171  
Family Practice, Obstetrics, General Surgery, Podiatry

## **Divine Savior Healthcare**

### **Portage:**

2817 New Pinery Road, PO Box 387, Portage, WI 53901  
(608) 742-4131

[www.dshealthcare.com](http://www.dshealthcare.com)

Call education department for information about no fee or nominal fee classes open to the public on topics such as fibromyalgia fitness, smoking cessation, cancer support group, aquatic fitness, grief support, etc.

- For assistance with Insurance questions in re: to Divine Savior please call: Linda Bannen-Stillwell (608)745-6239

### **Pardeeville:**

102 Gillette, Pardeeville, WI 53954  
(608) 429-2185

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**Lodi Clinic – Sauk Prairie Health Care**

608-592-3296

160 Valley Drive, Lodi, WI 53555

[www.saukprairiehealthcare.org/clinic-details/location/Lodi-Clinic](http://www.saukprairiehealthcare.org/clinic-details/location/Lodi-Clinic)

**Poison Control (Wisconsin)**

800-222-1222

[www.poison.org](http://www.poison.org)

**Portage Clinic**

2825 Hunters Trail, Portage, WI 53901

(608) 742-7161

Affiliated with Dean/St. Marys Regional Clinic/Family Practice, obstetrics, General Practice; Internal Medicine; Pediatrics

**Poser Clinic**

635 Park Ave., Columbus, WI 53925

(920) 623-5000

**Rural Cancer Network (RCaN)**

<http://ruralcancernetwork.org/>

RCaN is a web-based resource for public health, social services, healthcare and voluntary organization.

RCaN also features one and two page, user-friendly handouts with cancer information, questions to ask your doctor and healthy tips and ideas. You can also search RCaN listings for local cancer-related resources by county.

**UW Health - Columbus Clinic**

1511 Park Ave., Columbus, WI 53925

(920) 623-5226

**UW Health - Portage**

2977 County Hwy CX, Portage, WI 53901

(608) 742-3004

Family Medicine, Rheumatology, Vascular, Allergy

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# Housing

## **Bureau of Consumer Protection**

2811 Agriculture Dr.; PO Box 8911, Madison, WI 53708-8911  
800-422-7128

Information on tenants' rights and responsibilities.

## **Central Wisconsin Community Action Council (CWAC)**

203 DeWitt St., Portage, WI 53901  
(608) 742-3320

Processes applications for HUD Section 8 housing; provides emergency assistance for qualifying applicants; case management services for homeless; also has weatherization program which provides insulation and other energy-saving services to owners and renters.

## **Columbia County Housing Rehabilitation Program/MSA Housing Program**

MSA Professional Services, Sue Koehn  
Housing Program Department, 201 Corporate Drive, Beaver Dam, WI 53916  
800-552-6330

Qualifying Columbia County residents can apply for Community Development Block Grant funds to be used for housing rehabilitation. Funds are loaned at 0% interest and repayment is deferred. The loans can be used to make the following types of repairs: handicap accessibility, replace windows and doors, roofing, repair/replace heating systems, water heaters and plumbing systems, electrical upgrades, connect water and sewer lines, painting, siding, porch repairs and other general improvements.

## **Foreclosure Answer Clinic**

City-County Building  
(608) 261-5677

[www.daneforclosurehelp.org](http://www.daneforclosurehelp.org)

210 Martin Luther King Jr. Blvd., Madison, WI 53703

Open the first and third Thursdays of each month from 11:00am-1:00pm. Operates on a walk-in basis, no appointment necessary. The purpose of the clinic is for homeowners to obtain basic legal information in regard to foreclosures.

## **Forward Services**

2875 Village Road, Portage, WI 53930  
800-771-8420  
(608) 742-1089

<http://www.fsc-corp.org/our-services/>

Assistance for those who qualify: trouble paying rent, eviction notice, foreclosure notice, living in shelter, disconnected utilities, lost house due to fire, flood or natural disaster.

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**Habitat for Humanity of Sauk-Columbia Area**

P.O. Box 38, 1211 8<sup>th</sup> St., Baraboo, WI 53913

(608) 448-2888

Hours: Mon-Fri 9am-4pm

[www.hfhsc.org](http://www.hfhsc.org)

**Hoard Clean-up Services through Central Wisconsin Community Action Council**

(608) 339-4900

CWCAC offers services for persons having difficulty discarding or parting with possessions regardless of their actual value. Contact us for details.

**Hope House**

Office 720 Ash St., PO Box 557, Baraboo, WI 53913

(608) 356-9123

Mon-Fri 8am-4pm

Toll Free: 800-584-6790 Crisis Line- (608) 356-7500 24-Hour Confidential Helpline

24-Hour Confidential Helpline

Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, and support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.

**Renewal Unlimited**

2900 Red Fox Run, Portage, WI 53901

(608) 742-5329

Offers HCRI program to give 0% interest loan to qualifying, low-income families to meet 'crisis' needs such as rental assistance, mortgage payment assistance, security deposit, utilities and property tax.

**River Haven**

108 E. Pleasant St., Portage, WI 53901

(608) 742-7687

Shelter for homeless women and children, and clearinghouse for information for others experiencing homelessness

**River Haven Men's Shelter**

211 W. Pleasant St., Portage, WI 53901

(608) 742-7687

**Salvation Army**

PO Box 766, Mukwonago, WI 53149

(920) 980-7938 Angela Swinehart, Field Representative

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**Tenant Resource Center**

1202 Williamson St., Suite 102, Madison, WI 53703

877-238-7368

Spanish: (608) 237-8913

Monday-Friday 9am-6pm

Housing Counseling: (608) 257-0006; Housing Mediation Service (608) 257-2799; Housing Help

Desk: (608) 242-7406 (7:45am-4:30pm Mon-Fri, until 7pm on Weds)

Counseling for tenants and landlords on rental rights and responsibilities.

**Veteran Affairs**

877-424-3838 (877-4AID-VET) National Call Center for Homeless Veterans

Department of Veterans Affairs offers outreach services to homeless veterans including assisting them in finding housing 24 hours a day.

For other information or assistance:

345 W Washington Avenue, Suite 501, Madison, WI 53703

(608) 280-2095.

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# Legal Services

## **Attorney Introduction and Referral Service of the State Bar of Wisconsin**

800-362-9082

Monday-Thursday 7:30am-6pm, Friday 7:30am-5pm

Provides three services: Lawyer Hotline, Lawyer Referral and Community Referral. Caller will be screened at initial call to determine nature of the problem and make appropriate referral.

## **Central Wisconsin Community Action Council, Inc. (CWCAC)**

(608) 254-8353

Helping individuals manage their benefit money to meet their needs and assure them a better quality of life. Programs: Representative Payee Services, Conservatorships, Trustee Services and Federal Fiduciary.

## **Coalition of WI Aging Groups and Elder Law Center**

PO Box 628248, Middleton, WI 53562

(608) 224-0606 OR 800-488-2596

[www.cwag.org](http://www.cwag.org)

## **Columbia County Treatment Court – Drug**

Office: (608) 742-9623

## **Columbia County OWI Court - OWI**

(608) 742-9681

A post-conviction criminal court that attempts to achieve a decrease in recidivism and substance abuse, the purposes of which will increase the chances of successful habilitation to its participants.

## **Columbia County Victim/Witness Assistance**

Columbia County District Attorney's Office

(608) 742-9650

<http://wcca.wicourts.gov/index.xsl> Link to Wisconsin Circuit Court Access

Victim's Rights include:

- Timely disposition of case;
- Opportunity to attend court proceedings unless trial court finds sequestration is necessary to a fair trial for the defendant;
- Notification of court proceedings;
- Reasonable protection from the accused throughout the criminal justice process;
- Opportunity to confer with prosecutor;
- Opportunity to make a statement (Victim Impact Statement) at disposition;
- Restitution;
- Information about the outcome of the case and release of the accused.

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### **Lawyer Referral and Information Service**

State Bar of Wisconsin

PO Box 7158, Madison, WI 53718

800-362-9082 OR 608-257-4666

<http://www.wisbar.org/forPublic/INeedaLawyer/Pages/LRIS.aspx>

Referral to an attorney, \$20 for 1<sup>st</sup> ½ hr.

### **Legal Action of Wisconsin**

31 S. Mills St., PO Box 9686, Madison, WI 53715-0686

800-362-3904 OR 608-256-3258

<http://www.legalaction.org/>

Legal services focus on safe and affordable housing, adequate income and nutrition, access to health care, preservation of the family and protection from domestic violence. Representation is limited to very low income residents of south eastern Wisconsin, including Columbia County.

### **On-line resource for self-representation or self-help**

See [www.wicourts.gov](http://www.wicourts.gov)

### **Pro Se Divorce Service – Wisconsin eCourts**

<https://myforms.wicourts.gov/>

Wisconsin eCourts for self-represented parties is an interactive Web site that assists you in filling out forms for a variety of legal issues, including divorce and legal separation. The site guides you through a series of questions and then completes the necessary forms.

### **Wisconsin Fathers for Children and Families**

Madison, WI 53701

(608) ALL-DADS (608-255-3237)

<http://www.wisconsinfathers.org/>

Legal Resources: <http://www.wisconsinfathers.org/legal.htm>

### **Wisconsin Coalition for Advocacy**

131 W. Wilson St., Suite 700, Madison, WI 53703

(608) 267-0214 OR 800-928-8778

<http://www.disabilityrightswi.org/>

For those with disabilities or mental illness

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**Wisconsin Department of Agriculture, Trade and Consumer Protection**

2811 Agriculture Drive; P.O. Box 8911, Madison, WI 53707-8911

800-422-7128 OR 608-224-4960

[DATCPHotline@Wisconsin.gov](mailto:DATCPHotline@Wisconsin.gov)

[http://datcp.wi.gov/Consumer/Consumer\\_Protection/](http://datcp.wi.gov/Consumer/Consumer_Protection/)

**Wisconsin eCourts**

<https://myforms.wicourts.gov/>

Wisconsin eCourts for self-represented parties is an interactive Web site that assists you in filling out forms for a variety of legal issues. The site guides you through a series of questions and then completes the necessary forms.

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## Libraries

Contact the library in your community to inquire about special programs for children and families, such as story hour or summer reading programs.

### **Cambria**

Jane Morgan Memorial Library

109 W. Edgewater St., Cambria 53923

(920) 348-4030

Hours: Mon & Weds 10-8; Tues, Thurs, and Fri 10-5; Sat 9-12

Contact: [jtallman@scls.lib.wi.us](mailto:jtallman@scls.lib.wi.us)

Website: [www.jmml.org](http://www.jmml.org)

### **Columbus**

Columbus Public Library

223 W. James St., Columbus 53925

(920) 623-5910

Hours: Mon-Thurs 9-8:30; Fri 9-5:30; Sat 9-1

Contact: [colpl@scls.lib.wi.us](mailto:colpl@scls.lib.wi.us)

Website: [www.columbuspubliclibrary.info](http://www.columbuspubliclibrary.info)

### **Lodi**

Lodi Woman's Club Public Library

130 Lodi St., Lodi 53555

(608) 592-4130

Hours: Mon-Thurs 9-8; Fri 9-5; Sat 9:30-2

Contact: [ldistaff@scls.lib.wi.us](mailto:ldistaff@scls.lib.wi.us)

Website: [www.LodiPublicLibrary.org](http://www.LodiPublicLibrary.org)

### **Pardeeville**

Angie W. Cox Public Library

119 N. Main St., Box 370, Pardeeville 53954

(608) 429-2354

Hours: Mon-Thurs 10-7:30; Fri 10-5; Sat 10-1

Contact: [parstaff@scls.lib.wi.us](mailto:parstaff@scls.lib.wi.us)

Website: [www.pardeevillelibrary.com](http://www.pardeevillelibrary.com)

### **Portage**

Portage Public Library

253 W. Edgewater St., Portage 53901

(608) 742-4959

Hours: Mon-Thurs 9-8:30; Fri 9-6; Sat 10-4

Sat hours between Memorial Day & Labor Day are 10-1

Contact: [info@portagelibrary.us](mailto:info@portagelibrary.us)

Website: <http://www.portagelibrary.us/>

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**Poynette**

Poynette Public Library

118 N. Main St., Box 368, Poynette 53955

(608) 635-7577

Hours: Mon-Thurs 9:30-8; Fri 9:30-5:30; Sat 9:30-1

Contact: [poylib@scls.lib.wi.us](mailto:poylib@scls.lib.wi.us)

Website: [www.poynettelibrary.com](http://www.poynettelibrary.com)

**Randolph**

Hutchinson Memorial Library

228 North High St., Randolph, WI 53956

(920) 326-4640

Hours: Mon-Thurs 9-8; Fri 9-2; Sat 9-12

Contact: [pkpotter@mwfls.org](mailto:pkpotter@mwfls.org)

Website: [www.randolph.lib.wi.us](http://www.randolph.lib.wi.us)

**Rio**

Rio Community Library

324 W. Lyons St., Box 306, Rio 53960

(920) 992-3206

Fax: (920) 992-3983

Hours: Mon & Weds 10-8; Tues, Thurs, & Fri 10-5; Sat 10-3

Contact: [riolib@yahoo.com](mailto:riolib@yahoo.com)

Website: [www.scls.lib.wi.us/rio/](http://www.scls.lib.wi.us/rio/)

Online Catalog: <http://riolib.booksys.net/opac/rci/index.html>

**Wisconsin Dells**

Kilbourn Public Library

620 Elm St., Wisconsin Dells 53965

(608) 254-2146

Hours: Mon-Thurs 9-8; Fri 9-5; Sat 9-2

Summer: same except Mon-Thurs 10-7

Contact: [ckborck@scls.lib.wi.us](mailto:ckborck@scls.lib.wi.us)

Website: [www.dellslibrary.org](http://www.dellslibrary.org)

**Wyocena**

Wyocena Public Library

165 E. Dodge St., Box 913, Wyocena, WI 53969

(608) 429-4899

Hours: Mon-Thurs 9:30-12 & 3-7; Fri Closed; Sat 9:30-12:00

Contact: [wyolib@scls.lib.wi.us](mailto:wyolib@scls.lib.wi.us)

Website: [www.wyocenalibrary.org](http://www.wyocenalibrary.org)

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# Parenting Education and Support Programs

## **Columbia County CARES**

UW Extension – Columbia County

(608) 742-9685

Pat Wagner, UW-Extension ([pat.wagner@ces.uwex.edu](mailto:pat.wagner@ces.uwex.edu))

A coalition of organizations and individuals working together to promote the wellbeing of children, youth and families in the county.

## **Online Resources**

### **Parenting the Preschooler Fact Sheets**

UW-Extension Family Living Programs

<http://fyi.uwex.edu/parentingthepreschooler/>

### **Home Alone: Preparing for Self-Care**

UW-Extension Family Living Programs

<http://fyi.uwex.edu/homealone/>

### **eParenting®: High-Tech Kids**

UW-Extension Family Living Programs

<http://fyi.uwex.edu/eparenting/>

### **Parentetical**

UW-Extension Family Living Programs

<http://myparentetical.com/>

### **Preparing to Parent Newsletters**

UW-Extension Family Living Programs

<http://parenting.uwex.edu/preparing-to-parent/>

### **Parenting the First/Second/Third Year Newsletters**

UW-Extension Family Living Programs

<http://parenting.uwex.edu/parenting-first-year/>

### **Parenting Your Unique Child**

UW-Extension Family Living Programs

<http://parenting.uwex.edu/parenting-your-unique-child/>

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## Online Resources Continued

### Parenting Future Readers

UW-Extension Family Living Programs

<http://parenting.uwex.edu/parenting-future-readers/>

### Parenting 24-7: Parenting Teens

University of Illinois-Extension

<http://parenting247.org/section.cfm?agegroup=4>

## Face-to-Face Programs

### Children in the Middle

UW-Extension Columbia County

This program is designed for parents who are experiencing a divorce, separation, or change in child placement and who have a child under the age of 18.

### Love and Logic

Love and Logic courses are currently offered on a periodic basis by each of the following; contact them to learn more about when it is offered, costs, and other details.

- Renewal Unlimited, Inc. – contact the main office, 608-742-5481
- Columbus School District – contact Cori Denk, 920-350-0370, [cdenk@columbus.k12.wi.us](mailto:cdenk@columbus.k12.wi.us)
- Compass Counseling – (608) 745-4900, Offering both classes and group therapy
- Poynette School District – check the Poynette School District website, <http://www.poynette.k12.wi.us/phs/>, or contact the main office, 608-635-4347

## Computer-Based Programs

These programs require you to view the materials on a computer at the site of the sponsoring/hosting organization.

### Positive Discipline

Offered by UW-Extension Columbia County

Three DVD's, created by InJoy Birth & Parenting Education.

### Parenting Wisely

Offered by UW-Extension Columbia County

Parenting Wisely is an interactive computer program for parents with children ages 3-9 years old (Young Children Program) or 9-18 years old (Teen Program).

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**Northwoods Inc. of Wisconsin**

N6510 U.S. Highway 51 PO Box 357, Portage, WI 53901

(608) 742-7114

Northwoods Inc. is a private, non-profit organization which provides meaningful programs and services that maintain individuals and families in the least restrictive setting and assists them to reach their maximum potential of development and independence within an integrated community environment. Services include vocational training and placement, elderly and frail in-home support, day service programming, and independent living and family parenting/support/mentoring.

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# Peer Support Services

## **Access to Independence, Inc. (“ATI”)**

3810 Milwaukee Street, Madison, WI 53714

(608) 242-8484

[www.accesstoind.org](http://www.accesstoind.org)

Advocates and provides services for people with any type of disability, and of any age, to achieve or maintain their independence. Types of services: Peer Support, Independent Living Skills Training, Advocacy, Assistive Technology, Youth Programs, Public Benefits Assistance, Nursing Facility Transition and Diversion, Disability Awareness and Community Education.

## **Peer Run Respite**

Peer run respites are for individuals living with mental health or substance use concerns. These places offer a supportive, home-like environment during times of increased stress or symptoms. Stays are short-term, typically no longer than one week.

### **Iris Place**

1213 S. Matthias Street

Appleton, WI 54915

(920) 815-3217

### **Solstice House**

2649 Milwaukee Street

Madison, WI 53704

(608) 244-5077

### **Grassroots Wellness**

820 N. Broadway Street

Menomonie, WI 54751

(800) 770-0588, ext. 1

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# Pregnancy Resources

## **Healthy Beginnings+ (formerly Prenatal Care Coordination)**

Medical Assistance benefit for pregnant women, provides support and services to have a healthy baby.

## **Pregnancy Resource Center**

311 E. Wisconsin Ave., Suite 202, Portage, WI 53901

800-705-4710

Offers free pregnancy testing, adoption information and referrals, baby clothing, supplies, counseling and pregnancy education. Promotes life and adoption.

## **WIC (Women, Infants, Children Nutrition Program)**

2652 Murphy Road, Portage, WI 53901

Provides food vouchers, farmer's market vouchers, and nutrition information to keep pregnant and breastfeeding women, infants, and children under 5 years healthy and strong. Income eligibility requirement. For more information call (608) 742-9254.

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## Recreation

Many communities in the county have planned and supervised recreational activities for children. Most have a residency requirement and fees vary, but are often modest.

### **Columbus:**

#### **Columbus Recreation**

161 N. Dickason Blvd.  
(920) 623-5936

#### **Columbus Area Senior Center**

125 N. Dickason Blvd.  
(920) 623-5918

### **Fall River:**

#### **Fall River Recreation Department**

150 Bradley St.  
Fall River, WI 53932  
(920) 484-3333 x260

### **Lodi:**

#### **Lodi Recreation (City Hall)**

113 South Main St.  
(608) 592-3247

#### **Lodi C.R.E.W. – Community Resource Enrichment and Wellness**

608-592-1077

A part of the Lodi School District, Lodi C.R.E.W. offers a variety of recreational programs and events for youth and adults.

### **Portage:**

#### **Park and Recreation Department**

806 Silver Lake Dr.  
(608) 742-2178

#### **Family Resource Center**

2946 Red Fox Run, Portage, WI 53901  
(608) 742-8482  
Warmline: 800-325-5505

Call for information about field trips and other recreation. Provides a variety of family services, including scheduled playgroups, parenting support and information series, workshops, and family visiting program. Staff are available to answer questions or provide resources to help families. All services are free.

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# School Districts

## **Cambria-Friesland School District**

[www.cambria-friesland.k12.wi.us](http://www.cambria-friesland.k12.wi.us)

410 E. Edgewater St., Cambria, WI 53923  
(920) 348-5548

## **Columbus School District**

[www.columbus.k12.wi.us](http://www.columbus.k12.wi.us)

200 W. School St., Columbus, WI 53925  
(920) 623-5950

## **Fall River Schools**

[www.fallriver.k12.wi.us](http://www.fallriver.k12.wi.us)

150 Bradley St., Fall River, WI 53923  
(920) 484-3333

## **Lodi School District**

[www.lodi.k12.wi.us](http://www.lodi.k12.wi.us)

115 School St., Lodi, WI 53555  
(608) 592-3851

## **Pardeeville School District**

[www.pardeeville.k12.wi.us](http://www.pardeeville.k12.wi.us)

120 S. Oak St., Pardeeville, WI 53954  
(608) 429-2153

## **Portage School District**

[www.portage.k12.wi.us](http://www.portage.k12.wi.us)

305 E. Slifer St., Portage, WI 53901  
(608) 742-4879

## **Poynette Area Schools**

[www.poynette.k12.wi.us](http://www.poynette.k12.wi.us)

108 N. Cleveland St., Poynette, WI 53955  
(608) 635-4347

## **Randolph School District**

[www.randolph.k12.wi.us](http://www.randolph.k12.wi.us)

110 Meadowood Drive, Randolph, WI 53956  
(920) 326-2427

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**Rio Community School District**

<http://www.rsdwi.org/>

411 Church St., Rio, WI 53960

(920) 992-3141

**Wisconsin Dells Public Schools**

[www.sdwd.k12.wi.us](http://www.sdwd.k12.wi.us)

811 County Rd. H, Wisconsin Dells, WI 53965

(608) 254-7769

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# Sexual Assault

## **Domestic Violence Support Group**

1<sup>st</sup> and 3<sup>rd</sup> Friday of the month.

Portage Library, 253 E Edgewater St, Portage 53901  
(608)742-4959

## **Hope House**

Office 720 Ash St., PO Box 557, Baraboo, WI 53913  
(608) 356-9123

Mon-Fri 8am-4pm

Toll Free: 800-584-6790      Crisis Line- (608) 356-7500 24-Hour Confidential Helpline  
24-Hour Confidential Helpline

Provides shelter and advocacy (e.g. counseling, safety planning, legal assistance, and support groups) to people affected by domestic violence and sexual assault and provides education to community members on these issues in Columbia, Sauk, Marquette, Adams, and Juneau counties.

## **Veterans Mental Health/AODA Support Group**

400 DeWitt Street, Portage WI

Third Wednesday of each month – 11:00-1:00 p.m.

For more information about the group contact: Jennifer at 608-256-1901 x 16904  
or [Jennifer.gruba@va.gov](mailto:Jennifer.gruba@va.gov)

Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays required, counselors have master's degrees and are also veteran's themselves.

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# Sober Living

## **John Adams Recovery Home**

815 19<sup>th</sup> Street, Prairie du Sac, WI 53578

(608) 643-8905

The John Adams House is open to women who are committed to sobriety. The home is equipped with all the amenities necessary to rebuild healthy productive lives.

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# Substance Abuse Resources

## **Al-Anon Meetings**

888-425-2666

Call for times and locations of meetings in Columbia County

[www.area61afg.org](http://www.area61afg.org)

## **Alateen**

866-425-2666

[www.al-anon.alateen.org/for-alateen](http://www.al-anon.alateen.org/for-alateen)

## **Alcoholics Anonymous (AA)**

(608) 222-8989

Call for times and locations of meetings in Columbia County

## **Alcohol and Drug Referral Line**

800-821-4357

## **Columbia County Treatment Court – Drug**

Office: (608) 742-9623

## **Columbia County OWI Court - OWI**

(608) 742-9681

A post-conviction criminal court that attempts to achieve a decrease in recidivism and substance abuse, the purposes of which will increase the chances of successful habilitation to its participants.

## **John Adams Recovery Home**

815 19<sup>th</sup> Street, Prairie du Sac, WI 53578

(608) 643-8905

The John Adams House is open to women who are committed to sobriety. The home is equipped with all the amenities necessary to rebuild healthy productive lives.

## **Narcotics Anonymous**

866-590-2648

Visit our website for locations:

[www.na.org](http://www.na.org)

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### **Peer Run Respite**

Peer run respites are for individuals living with mental health or substance use concerns. These places offer a supportive, home-like environment during times of increased stress or symptoms. Stays are short-term, typically no longer than one week.

#### **Iris Place**

1213 S. Matthias Street  
Appleton, WI 54915  
(920) 815-3217

#### **Solstice House**

2649 Milwaukee Street  
Madison, WI 53704  
(608) 244-5077

#### **Grassroots Wellness**

820 N. Broadway Street  
Menomonie, WI 54751  
(800) 770-0588, ext. 1

### **St. Clare Center**

1510 Jefferson Street, Baraboo WI 53913  
800-433-2688 or (608)356-1533

Treatment for Chemical Dependency

St Clare Center offers outpatient treatment, day treatment, relapse prevention, gender specific groups, and an intensive outpatient opioid addiction treatment program with Buprenorphine (Suboxone)

### **SAMHSA's National Helpline/Referral Service**

800-662-HELP (4357)

[www.samhsa.gov](http://www.samhsa.gov)

Free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. Can link the caller to a variety of hotlines that provide treatment referrals 24 hours a day.

### **Tobacco Free Columbia/Dane County Coalition (TFCDC)**

210 Martin Luther King, Jr. Blvd., Room 507, Madison, WI 53703  
(608) 242-6297

Contact: Ryan Sheahan e-mail: [rsheahan@publichealthmdc.com](mailto:rsheahan@publichealthmdc.com)

TFCDC collaborates with schools on youth prevention, provides organizations with tobacco and nicotine education, and assists properties with creating smoke-free housing policies.

### **Tri County MATRS**

2652 Murphy Road, Portage, WI 53901  
(608) 402-4312 - 24/6 Heroin and Opioid help

MAT is an Outpatient treatment for addiction of opiates that uses medication assistance along with mental health and social supports to achieve sobriety.

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**Veterans Mental Health/AODA Support Group**

400 DeWitt Street, Portage WI

Third Wednesday of each month – 11:00-1:00 p.m.

For more information about the group contact: Jennifer at 608-256-1901 x 16904  
or [Jennifer.gruba@va.gov](mailto:Jennifer.gruba@va.gov)

Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays required, counselors have master's degrees and are also veteran's themselves.

**Wisconsin We C.A.N. Change Addiction Now**

2<sup>nd</sup> Monday of the month 6:30 – 8:00

Wisconsin United We CAN [lorics@changeaddictionnow.org](mailto:lorics@changeaddictionnow.org)

Portage United Methodist Church

1804 New Pinery Road, Portage, WI 53901

Bring the voice of the family to addiction and recovery with Wisconsin We CAN (Change Addiction Now) support group.

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# Thrift and Resale Stores

Includes only stores operated by non-profit organizations

## **Goodwill Industries**

2902 American Legion Dr., Portage, WI 53901  
(608) 745-0616

## **Lodi – Reach Out Lodi Community Store**

610 Clark Street, Lodi WI 53555  
(608) 592-4592

[www.reachoutlodi.org](http://www.reachoutlodi.org)

Open by appointment Mon, Tues, and Thurs from 9:00 – 3:30 and Sat from 8:30 – 11:00.  
Provides FREE assistance to families and individuals in crisis to meet their basic living needs.  
Products include food, personal essentials, household cleaning supplies, school supplies and clothing for men, women and children.

## **Rainbow Thrift Shoppe**

230 W. Wisconsin St., Portage, WI 53901  
(608) 745-4489  
9am to 5pm Monday – Friday  
10am-2pm Saturday

## **St. Vincent de Paul Store**

### **Columbus**

110 Meister Dr.  
Columbus, WI 53925  
(920) 623-2004

### **Portage**

1311 W. Wisconsin St  
Portage, WI 53901  
(608) 742-5513

### **Wisconsin Dells**

W15210 Hwy 16  
Wisconsin Dells, WI 53965  
(608) 254-4011

## **ReStore (Habitat for Humanity)**

1450 E. Wisconsin St, Portage, WI 53901  
(608) 356-0332  
M-F 9:00am – 5:00pm; Sat 9:00am – 4:00pm

## **TLC Communities Clothes Closet**

141 E. Cook St., Portage, WI 53901  
Sue Drabek (608) 617-4813

1:00PM – 4:00PM Wednesday, Thursday & Friday

Provides free clothing for men, women, children, and infants, some household items, paper products and toiletries, washcloths and towels, some baby products.

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# Transportation

## **Aging & Disability Resource Center of Columbia County (ADRC)**

Transportation Program

(608) 742-9213

60 and above or disabled

Please call at least 24 hours in advance for a transport.



## **Amtrak**

Reservations & Customer Service 1-800-USA-RAIL or 1-800-872-7245

400 W. Oneida St. - Portage

359 N. Ludington St. - Columbus

100 LaCrosse St. - Wisconsin Dells

Portage stop is not staffed. Call 800 number for details and fares.

## **ComfortCare Transportation LLC.**

(608) 745-8392

info@comfortcaretransportation.com

## **DAV Van Program**

(608) 617-6000

[www.dav-wi.org/dav-van-program](http://www.dav-wi.org/dav-van-program)

Days of Operation: By appt.

Hours of Operation: By appt.

Fare Per Trip: No charge

Serving veterans in Columbia County; Direct Services to/from the veteran's home.

## **Lamers Bus Line**

800-261-6600

[www.golamers.com/Lamers-connect.php](http://www.golamers.com/Lamers-connect.php)

Lamers Connect routes operate 7 days a week, 365 days a year.

## **MTM INC.**

866-907-1493 (1-800-855-2880 TTY) - Reservations for members and those assisting them.

<http://www.mtm-inc.net/wisconsin-website/wisconsin-home/>

Provides non-emergency medical transportation rides for BadgerCare Plus and Medicaid members statewide who have no other way to receive a ride. Rides can include public transportation such as a city bus, rides in specialized medical vehicles or rides in other types of vehicles depending on a member's medical and transportation needs.

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**Northwoods Inc. of Wisconsin**

N6510 U.S. Highway 51 PO Box 357, Portage, WI 53901

(608) 742-7114

Northwoods Inc. of Wisconsin provides transportation for many of its program participants.

**Portage Cab (Running Inc.)**

(608) 742-4700

Rides within city limits are about \$3.25 per trip. Call for specific price. Cab will also go outside of normal service area; call with details for specific price. Operates 24 hours/day, every day.

Offers reduced fares to disabled persons who are unable without special facilities or special planning or design to utilize mass transportation facilities and services.

**Sureway Taxi**

(608) 963-9218

1110 Race Street, Wisconsin Dells

**Van Go Taxi LLC**

(608) 849-7070

Waunakee

[www.vangotaxi.com](http://www.vangotaxi.com)

Days of Operation: M-S

Hours of Operation: 4am-12am

Fare Per Trip: Mileage

**Vanpool**

[www.doa.state.wi.us/vanpool](http://www.doa.state.wi.us/vanpool)

The State Vanpool provides alternate transportation for state and non-state employees commuting to Madison from outside communities. Participants can join a group that is already established or, if there are enough interested people, they can form a new vanpool. Riders enjoy low rates, comfortable vans, and the benefit of convenient pick-up and drop-off locations. If interested, contact the Vanpool Office: 1-800-884-VANS or e-mail Brian Luther at [brian.luther@wisconsin.gov](mailto:brian.luther@wisconsin.gov)

**Wisconsin Employment Transportation Program**

Central Wisconsin Community Action Council

(608) 254-8353

Provides car loans to income-eligible, employed individuals. Down payment is required.

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# Utilities

## **Adams-Columbia Electric Cooperative**

W6290 Hwy 33, Pardeeville, WI 53954  
(608) 429-9300

## **Alliant Energy**

Billing: 800-862-6222  
Emergency: 800-255-4268

## **CenturyLink**

1-800-788-3500  
Payment arrangements: 888-646-0004

## **Energy Services of Wisconsin (Home Energy Plus)**

242 W. Cook St., Portage, WI 53901  
<http://www.homeenergyplus.wi.gov/>  
800-506-5596 Appointments  
(608) 742-4088 Information (Judie Wiersma)

Provides financial assistance for paying fuel or electric costs, and emergency furnace repair or replacement once per year per family. Specific income guidelines apply, but you can be any age, with or without children, and own or rent your home.

## **Frontier**

New Services: 877-462-8188 Billing Inquires: 877-462-8188

## **Heat for Heroes**

800-891-9276 for questions or to find an application site nearest you.

An Energy Services, Inc., /Keep Wisconsin Warm/Cool Fund initiative that helps Veterans who are facing an energy –related emergency.

## **Wisconsin Low Income Home Energy – Heat Wisconsin (LIHEAP)**

866-HEATWIS (432-8947) for information about where you can purchase propane in your area, or to apply for assistance towards your propane heating bill or medically necessary cooling bills.

Also visit:

[www.homeenergyplus.wi.gov](http://www.homeenergyplus.wi.gov)

About where to apply for heating assistance or call 866-433-8947.

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**Keep Wisconsin Warm Fund**

[www.kwwf.org](http://www.kwwf.org)

Income guidelines and a state map of where families that are in the 60%-80% median income can apply.

**Lifeline and Link-Up Programs**

Call local phone company to apply

For questions, contact:

Public Service Commission

610 N. Whitney Way, Madison, WI 53707

800-225-7729

[www.psc.state.wi.us](http://www.psc.state.wi.us)

Reduced cost phone connection and service for customers receiving benefits from W2, MA, SSI, Food Stamps, Low Income Energy Assistance Program, WI Homestead Tax Credit, or Badger Care. Brochure available in Resource Room.

**Rio Emergency Fuel Fund**

Contact Rose Gumz (608) 617-3261

Help for Columbia County residents not just those in the Rio area.

**Safelink Wireless**

Free cell phone, access to emergency services and free 60 minutes airtime monthly for eligible low-income households. Additional minutes can be purchased through prepaid airtime cards purchased at local retailers. See [www.safelink.com](http://www.safelink.com) for more information.

**Wisconsin Gas Company**

Customer Service: 800-242-4035

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# Veterans

## **Heat for Heroes**

800-891-9276 for questions or to find an application site nearest you.

An Energy Services, Inc., /Keep Wisconsin Warm/Cool Fund initiative that helps Veterans who are facing an energy –related emergency.

## **Madison Vet Center**

608-264-5342

8:00 – 4:30 M-F

After hours: 1-877-WAR VETS (927-8387)

## **Military One Source**

Wisconsin Military OneSource Co.

(715) 441-0077 Rebecca Bernau-Boehlke

[www.militaryonesource.mil](http://www.militaryonesource.mil)

A source of information for military personnel, active or inactive, and their families.

## **Veteran Affairs**

877-424-3838 (877-4AID-VET) National Call Center for Homeless Veterans

Department of Veterans Affairs offers outreach services to homeless veterans including assisting them in finding housing 24 hours a day.

For other information or assistance:

345 W Washington Avenue, Suite 501, Madison, WI 53703

(608) 280-2095.

## **VA Hotline for Women**

855-VA-WOMEN A hotline to receive and respond to questions from veterans, their families, and their caregivers about the many VA services and resources available to women veterans.

## **Veterans Assistance Foundation, Inc.**

(608) VAF-VETS (823-8387)

## **Veterans Crisis Hotline**

800-273-8255 (TALK)

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**Veterans Mental Health/AODA Support Group**

400 DeWitt Street, Portage WI 53901

(608) 256-1901 x 16904 Jennifer; [Jennifer.gruba@va.gov](mailto:Jennifer.gruba@va.gov)

Third Wednesday of each month – 11:00-1:00 p.m.

Types of services available include: group counseling, employment guidance, family/marital counseling and sexual trauma counseling. Services are confidential to all veterans, no co-pays required, counselors have master's degrees and are also veteran's themselves.

**Veteran's Services**

1819 Aberg Ave., Suite C, Madison, WI 53704

(608) 242-4888

<http://dwd.wisconsin.gov/veterans/>

Provides job search assistance to eligible veterans.

**Veteran's Service Officer – Columbia County**

608-742-9618

**Tomah VA Medical Center**

500 E. Veterans Street, Tomah, WI 54660

(800) 872-8662 or (608) 372-3971

(888) 598-7793 Telephone Care available 24/7

[www.tomah.va.gov/](http://www.tomah.va.gov/)

**William S. Middleton Memorial Veterans Hospital**

2500 Overlook Terrace, Madison, WI 53705

(888) 478-8321 or (608) 256-1901

(888) 598-7793 Telephone Care available 24/7

[www.madison.va.gov/](http://www.madison.va.gov/)

**Please remember that we are constantly updating and expanding our files, and we are always happy to share our latest information with you. Although we believe the information we collect from service providers is accurate and up-to-date, Columbia County Health and Human Services disclaims responsibility for the accuracy or current status of these materials.**

**Please note that Columbia County Health and Human Services does not endorse agencies, but supplies them as a resource to the community. Thank you for your interest.**

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