

NUTRITION BREAK - April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
2 - CLASSES RESUME	3	4	5	6
<p>Elem - Pop-tart, Cheez-its, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Donut Ring OR Pizza Bagel, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Golden Grahams, Cheez-its, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Chocolate Donuts, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Cinnamon Bun Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>
9	10	11	12	13
<p>Elem - Elf Grahams, Goldfish, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Crunchmania Cinnamon Bun, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Cocoa Bread OR Pancake on a Stick, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Breakfast Bar, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Cereal Bar, Goldfish, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>
16	17	18	19	20 - No School
<p>Elem - Dunkin Stick, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Powdered Donuts, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Banana Bread OR Hot Ham and Cheese Breakfast Sandwich on a Hawaiian Bun, Fruit choice, juice, milk</p> <p>MS/HS - Choice of Hot Entree or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Cinnamon Toast Crisps, Goldfish, Fruit choice, juice, milk</p> <p>MS/HS - Choice of Hot Entree or Build a Breakfast, Variety of fruit, Milk</p>	
23	24	25	26	27
<p>Elem - Crunchmania Cinnamon Bun, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Despicable Me Grahams, Goldfish, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Chocolate Chip Betty Crocker Bar OR Bagel with Cream Cheese, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Blueberry Mini Loaf, Cheez-its, Fruit choice, juice, milk</p> <p>MS/HS - Choice of Hot Entree or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Donut Ring, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>
30	May 1	2	3	4
<p>Elem - Chocolate Donuts, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Cocoa Bread OR Pancake on a Stick, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Cinnamon Bun, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Pop-tart, Cheez-its, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>	<p>Elem - Golden Grahams, Goldfish, Fruit Choice, Juice, Milk</p> <p>MS/HS - Choice of Hot Breakfast or Build a Breakfast, Variety of fruit, Milk</p>

ELEMENTARY LUNCH - April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
2 - CLASSES RESUME	3	4	5	6
<p>Red Choice Cheese Dippers Blue Choice Cheese Flatbread Fruit Choice, Peas, Fresh Veggies, Milk</p>	<p>Red Choice Mini Corn Dogs Blue Choice Cheeseburgers Fruit Choice, Broccoli, Black Beans, Fresh Veggies, Milk</p>	<p>Red Choice French Bread Pizza Blue Choice BBQ Chicken Sandwich Carrots, Fresh Veggies, Milk</p>	<p>Red Choice Popcorn Chicken Blue Choice Turkey/Cheese Sandwich on Goldfish Bread Fruit Choice, Corn, Fresh Veggies, Cake, Milk</p>	<p>Red Choice Chicken Tenders Blue Choice BBQ Rib Sandwich Fruit Choice, Green Beans, Mashed Potatoes, Fresh Veggies, Milk</p>
9	10	11	12	13
<p>Chicken Patty on a Bun, Fruit Choice, Green Beans, Fresh Veggies, Milk</p>	<p>French Toast Sticks, Omelet, Sausage, Smiley Potatoes, Spiced Apples, Orange Juice, Fruit Choice, Fresh Veggies, Milk</p>	<p>Nacho Supreme, Rice, Refried Beans, Fruit Choice, Corn, Fresh Veggies, Milk</p>	<p>Bosco Sticks, Fruit Choice, Broccoli, Fresh Veggies, Milk</p>	<p>Pepperoni and Cheese Hot Pocket, Fruit Choice, Carrots, Fresh Veggies, Milk</p>
16	17	18	19 - Pizza Day!	20 - No School
<p>Red Choice State Farm Corn Dog Blue Choice Chicken Alfredo over Noodles with Garlic Bread Fruit Choice, Broccoli, Fresh Veggies, Milk</p>	<p>Red Choice Asian Chicken Bites over Rice Blue Choice Hot Roast Beef Sandwich Fruit choice, Carrots, Cookie Bites, Fresh Veggies, Milk</p>	<p>Red Choice Quesadilla Blue Choice Chicken Wrap Fruit choice, Peas, Cake, Fresh Veggies, Milk</p>	<p>Red Choice Pepperoni, Cheese, Bacon Cheeseburger or Taco Pizza Blue Choice Uncrustable Fruit Choice, Corn, Fresh Veggies, Milk</p>	<p><i>*The week of April 9th – 13th, we will offer one lunch choice at the elementary. This is to see if it's more cost efficient and will help reduce waste. Thank you for your cooperation.</i></p>
23	24	25	26	27 - Earth Day!
<p>Red Choice Fruit/Yogurt/Granola, String Cheese, Crackers Blue Choice Chicken Drumstick Fruit Choice, Peas, Fresh Veggies, Milk</p>	<p>Red Choice Spaghetti with Meat Sauce Blue Choice American Sub Fruit Choice, Carrots, Fresh Veggies, Milk</p>	<p>Red Choice Hot Dog on a Bun Blue Choice Orange Chicken over Noodles Fruit Choice, Broccoli, Fresh Veggies, Milk</p>	<p>Red Choice Big Daddy Pizza Blue Choice Hot Ham and Cheese Sandwich Fruit Choice, Green Beans, Fresh Veggies, Milk</p>	<p>Red Choice Tree Shaped Chicken Nuggets Blue Choice Go Green Turkey Bacon Wrap Fruit choice, Broccoli Trees, Four Cheese Trees, Fresh Veggies, Dirt Cake, Milk</p>
30	May 1	2	3	4 - Cinco De Mayo!
<p>Red Choice Pizza Dippers Blue Choice Chicken or Cheese Flatbread Fruit Choice, Carrots, Fresh Veggies, Milk</p>	<p>Red Choice Mini Corn Dogs Blue Choice Cheeseburger Fruit Choice, Broccoli, Black Beans, Fresh Veggies, Milk</p>	<p>Red Choice Popcorn Chicken Blue Choice Turkey Bacon Sub Fruit Choice, Peas, Fresh Veggies, Milk</p>	<p>Red Choice Chicken Nuggets Blue Choice Salisbury Steak with Dinner Roll Fruit Choice, Mashed Potatoes, Green Beans, Fresh Veggies, Milk</p>	<p>Walking Taco Fruit Choice, Corn, Mexican Rice, Choco Taco, Fresh Veggies, Milk</p>

MIDDLE/HIGH SCHOOL LUNCH - April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 - CLASSES RESUME	3	4	5	6
<p>Choose one entree: Cheese Dippers OR Chicken/Cheese Flatbread</p> <p>Fruit & Veggie Bar: Fruit Choice, Peas, Fresh Veggies, Milk</p>	<p>Choose one entree: Mini Corn Dogs OR Cheeseburger</p> <p>Fruit & Veggie Bar: Fruit Choice, Broccoli, Black Beans, Fresh Veggies, Milk</p>	<p>Choose one entree: French Bread Pizza OR BBQ Chicken Sandwich with Baked Chips</p> <p>Fruit & Veggie Bar: Fruit Choice, Carrots, Fresh Veggies, Milk</p>	<p>Choose one entree: Popcorn Chicken OR Turkey/Bacon Sub with Baked Chips</p> <p>Fruit & Veggie Bar: Fruit Choice, Corn, Cake, Fresh Veggies, Milk</p>	<p>Choose one entree: Chicken Tenders (Regular or Spicy) OR BBQ Rib Sandwich</p> <p>Fruit & Veggie Bar: Fruit Choice, Mashed Potatoes, Green Beans, Fresh Veggies, Milk</p>
9	10	11	12	13
<p>Choose one entree: Chicken Patty on a Bun (Regular or Spicy) OR Chicken Bacon Mozzarella Melt</p> <p>Fruit & Veggie Bar: Fruit Choice, Mashed Potatoes, Green Beans, Fresh Veggies, Milk</p>	<p>Choose one entree: French Toast Sticks with Omelet and Sausage OR Pancake on a Stick</p> <p>Fruit & Veggie Bar: Seasoned Potatoes, Spiced Apples, Orange Juice, Fresh Fruit, Fresh Veggies, Milk</p>	<p>Choose one entree: Nacho Supreme with Rice OR American Sub with Baked Chips</p> <p>Fruit & Veggie Bar: Fruit Choice, Refried Beans, Corn, Fresh Veggies, Milk</p>	<p>Choose one entree: Bosco Sticks OR Hot Ham and Cheese Sandwich with Baked Chips</p> <p>Fruit & Veggie Bar: Broccoli, Fruit Choice, Fresh Veggies, Milk</p>	<p>Choose one entree: Pepperoni and Cheese Hot Pocket OR Sloppy Joe on a Bun with Baked Chips</p> <p>Fruit & Veggie Bar: Carrots, Fruit Choice, Fresh Veggies, Milk</p>
16	17	18	19 - Pizza Day!	20 - No School
<p>Choose one entree: State Farm Corn Dog OR Chicken Alfredo over Noodles with Garlic Bread</p> <p>Fruit & Veggie Bar: Fruit Choice, Broccoli, Fresh Veggies, Milk</p>	<p>Choose one entree: Asian Chicken Bites over Rice OR Hot Roast Beef Sandwich with Baked Chips</p> <p>Fruit & Veggie Bar: Fruit Choice, Carrots, Cookie Bites, Fresh Veggies, Milk</p>	<p>Choose one entree: Quesadilla OR Chicken Wrap (Regular or Spicy) with Baked Chips</p> <p>Fruit & Veggie Bar: Fruit Choice, Peas, Cake, Fresh Veggies, Milk</p>	<p>Choose one entree: Choice of Pizza: Pepperoni, Cheese, Bacon Cheeseburger, Taco Pizza OR PB&J</p> <p>Fruit & Veggie Bar: Fruit Choice, Corn, Fresh Veggies, Milk</p>	
23	24	25	26	27 - Earth Day!
<p>Choose one entree: Chicken Drumstick OR Pizza Slice</p> <p>Fruit & Veggie Bar: Fruit Choice, Peas, Fresh Veggies, Milk</p>	<p>Choose one entree: Spaghetti with Meat Sauce and Breadstick OR American Sub with Baked Chips</p> <p>Fruit & Veggie Bar: Fruit Choice, Carrots, Fresh Veggies, Milk</p>	<p>Choose one entree: Hot Dog on a Bun OR Orange Chicken over Noodles</p> <p>Fruit & Veggie Bar: Broccoli, Fruit Choice, Fresh Veggies, Milk</p>	<p>Choose one entree: Big Daddy Pizza OR Hot Ham and Cheese with Baked Chips</p> <p>Fruit & Veggie Bar: Fruit Choice, Green Beans, Fresh Veggies, Milk</p>	<p>Choose one entree: Tree Shaped Chicken Nuggets OR Go Green Turkey Bacon Wrap</p> <p>Fruit & Veggie Bar: Fruit Choice, Broccoli, Cheese Cubes, Dirt Cake, Fresh Veggies, Milk</p>
30	May 1	2	3	4 - Cinco De Mayo!
<p>Choose one entree: Pizza Dippers OR Cheese/Chicken Flatbread</p> <p>Fruit & Veggie Bar: Fruit Choice, Carrots, Fresh Veggies, Milk</p>	<p>Choose one entree: Mini Corn Dogs OR Cheeseburger</p> <p>Fruit & Veggie Bar: Fruit Choice, Broccoli, Black Beans, Fresh Veggies, Milk</p>	<p>Choose one entree: Popcorn Chicken OR Turkey Bacon Sub</p> <p>Fruit & Veggie Bar: Fruit Choice, Peas, Fresh Veggies, Milk</p>	<p>Choose one entree: Chicken Nuggets OR Salisbury Steak with Dinner Roll</p> <p>Fruit & Veggie Bar: Fruit Choice, Mashed Potatoes, Green Beans, Fresh Veggies, Milk</p>	<p>Choose one entree: Walking Taco OR Chicken Enchiladas</p> <p>Fruit & Veggie Bar: Fruit Choice, Mexican Rice, Corn, Choco Taco, Fresh Veggies, Milk</p>