
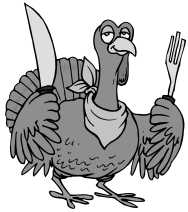


## RIO COMMUNITY SCHOOL

**ELEMENTARY LUNCH MENU- NOVEMBER 2009**

<b>NOVEMBER 2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6- Noon Dismiss</b>
<b>Hot Dog/Bun</b> , Fruit, Veggie, Rice Krispie Treat, Milk  <b>Sandwich</b> Roast Beef	<b>Spaghetti and Meat Sauce</b> , Garlic Bread, Fruit, Veggie, Milk  <b>Sandwich</b> Bologna/Cheese	<b>Hot Ham/Cheese</b> , Fruit, Veggie, Milk, Frozen Yogurt, Milk  <b>Sandwich</b> Turkey/Cheese Melt	<b>Chicken Nuggets</b> , Rice Pilaf, Bread, Fruit, Veggie, Milk  <b>Sandwich</b> PB&J	<b>Stuffed Crust Pizza Wedge</b> , Fruit, Veggie, Milk  <b>Sandwich</b> None
<b>9</b>	<b>10</b>	<b>11</b>	<b>12- Noon Dismiss</b>	<b>13</b>
<b>Pizza Rectangle</b> , Fruit, Veggies, Granola Bar, Milk  <b>Sandwich</b> Turkey/Cheese	<b>Nacho Supreme</b> , Churro Stick, Fruit, Veggie, Milk  <b>Sandwich</b> Ham/Cheese	<b>Mini Corn Dogs</b> , Potato Rounds, Fruit, Veggie, Milk  <b>Sandwich</b> PB&J	<b>Chicken Tenders</b> , Graham Crackers, Fruit, Veggie, Milk  <b>Sandwich</b> None	<b>Cheese Quesadilla</b> , Pretzel Bites, Fruit, Veggie, Milk  <b>Sandwich</b>
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20-Harvest Meal</b>
<b>Chicken Patty/Bun</b> , Mashed Potatoes, Fruit, Veggie, Milk  <b>Sandwich</b> Turkey/Cheese	<b>Tacos</b> , Whole Grain Chips/Salsa, Fruit, Veggie, Milk  <b>Sandwich</b> Ham/Cheese	<b>Pizzaroni Hot Dish</b> , Bread Stick, Fruit, Veggie, Milk  <b>Sandwich</b> American Sub	<b>Pizza Wedge</b> , Fruit, Veggie, Milk  <b>Sandwich</b> PB&J	<b>Roasted Turkey</b> , Stuffing, Dinner Roll, Mashed Potatoes/Gravy, Squash, Green Beans, Cranberries, Pumpkin Pie, Milk  <b>Sandwich</b> None
<b>23</b>	<b>24</b>	<b>25-Noon Dismiss</b>	<b>26-No School</b>	<b>27-No School</b>
<b>Chicken Nuggets</b> , Mashed Potatoes, Bread, Fruit, Veggie, Milk,  <b>Sandwich</b> Turkey/Cheese	<b>Soup/Sandwich Choice</b> , Fruit, Veggie, Congo Bar, Milk  <b>Sandwich</b> Same	<b>PB&amp;J</b> , Bag of Chips, Fruit, Veggie, Cookie, Milk  <b>Sandwich</b> None		
<b>30</b>	<b>DECEMBER 1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Cheeseburger</b> , Rice Pilaf, Fruit, Veggie, Milk  <b>Sandwich</b> Ham/Cheese	<b>Silver Dollar Pancakes</b> , Omelet, Spiced Apples, Potato Triangle, Milk  <b>Sandwich</b> PB&J	<b>Personal Pizza</b> , Fruit, Veggie, Milk  <b>Sandwich</b> Bologna/Cheese	<b>Italian Dippers</b> , Sauce, Fruit, Veggie, Apple Crisp, Milk  <b>Sandwich</b> Turkey/Cheese	<b>Chicken Tenders</b> , Mashed Potatoes, Bread, Fruit, Veggie, Milk  <b>Sandwich</b> Cheese