

June 5, 2017

It is Dairy Month and the Rio 4-H GoGetters will be serving free Ice Cream at the Train Depot on Friday at 4:00. Everyone is invited!

The following students need to turn in their track uniforms: Jerry, Kayla, Tanner, Brett A.

The weight room will be open Monday-Thursday from 7:00-9:00 AM starting June 12th and going through July 27th. The only exceptions right now are that it will not be open on July 3rd and 4th. Any questions please contact Mr. Swanson.

Library books need to be returned to the library! If you have some checked out, get them returned to the library!

High School Students: Yearbooks are still available for purchase! They are now \$45; please see Ms. Kolacki if you are interested in ordering a yearbook!

Read all about the seniors as they prepare to graduate and much more in this edition of the Viking Beat! May Viking Beat Articles are available online!

Announcement: Rio High School will be offering a summer weight training and workout program to students entering grades 9-12. Sessions will tentatively take place Monday, Wednesday, Friday from 4:30-6:00 starting on June 19th. The workouts will focus on building strength, agility and explosiveness for high school athletes. The program will be available to the first 10 people to sign up. See Principal Tait for more information.

"Caring for Sports Injuries" Announcement

This summer, Divine Savior Healthcare will celebrate the "11th Annual Caring for Sports Injuries" program. If you are interested in athletic training or other health careers, please consider attending. Applications are in the high school office and on line.

For more information contact Athletic Trainer, Matt Bekkedal

If you are interested in the ROTC and going to college, the video below shows a student how to apply for a 4 year national scholarship. It can be for Active Duty, Reserves or National Guard. It is a great opportunity to get school paid for.

https://www.youtube.com/watch?v=iV_kgAj98HE

The School Calendar is available to all students: CLICK To add the calendar

**“Logic will take you from A to B. Imagination will take you everywhere.”
-Albert Einstein**